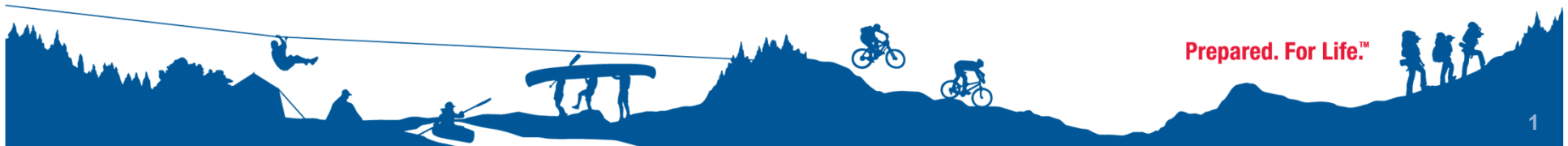




Cub Scout Breakout

Cascade Pacific Council – Sunset Trail District

June 11th, 2015



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For those of you who don't know us...

Mike Volz

Roundtable Commissioner, Sunset Trail District

mike@p685.org

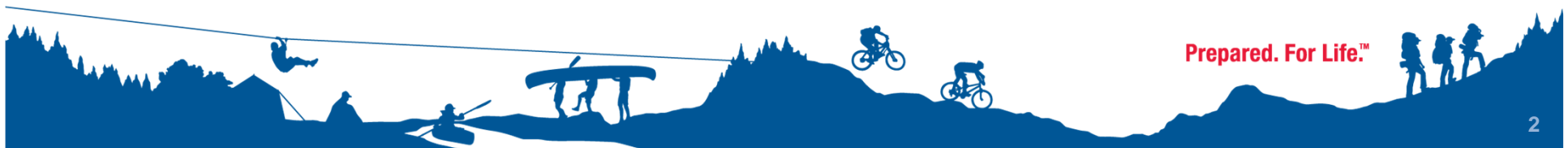
503.708.4917

Daryl Krossman

Roundtable Staff, Sunset Trail District

daryl@p685.org

(Daryl can't be here today...)





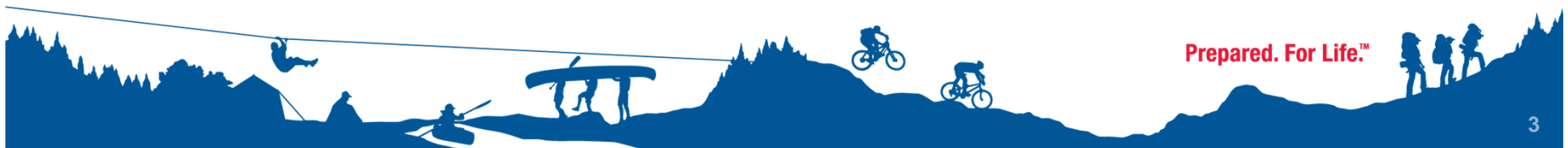
A quick explanatory statement:

**Cub Scout Roundtable Breakout
(this, here, now) is NOT the same as
Position-Specific Leader Training**

...which attempts to answer all the “What?” questions

**In fact, THIS is not actually considered training:
it’s an information presentation and/or discussion**

**Here at Roundtable we are trying to provide
answers to the “How?” questions.**





Position-Specific Courses:

Cubmaster (& Assistant):

(C40) Cubmaster & Assistant Position Specific Training

Pack Committee Member:

(C60) Pack Committee Member Position Specific Training

Tiger Den Leader:

(C41) Tiger Den Leader Position Specific Training

Cub Scout Den Leader (& Assistant):

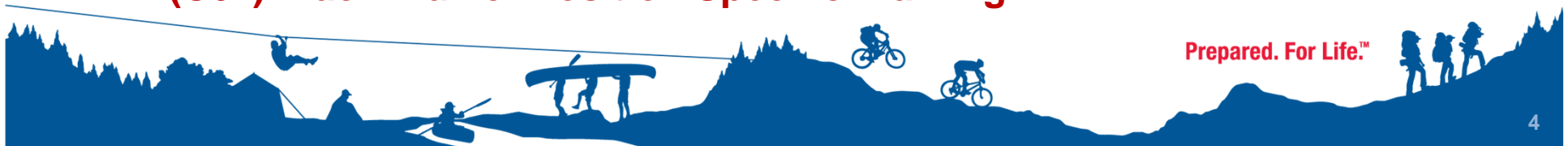
(C42) Cub Scout Den Leader & Assistant Position Specific Training

Webelos Den Leader (& Assistant):

(C61) Webelos Den Leader & Assistant Position Specific Training

Pack Trainer:

(C62) Pack Trainer Position Specific Training





Position-Specific Courses:

These address the mechanics of cub scouting and of your specific position within the organization.

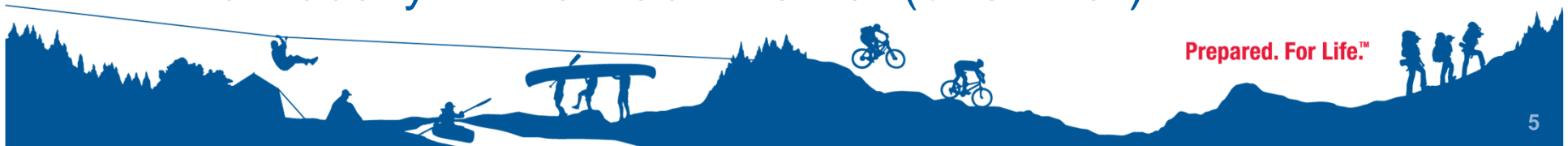
These courses can be taken online at:

<http://myscouting.scouting.org> *(same site you likely did YP training)*
in the E-Learning section, under the "Cub Scout" tab

(FYI: I've been told a new E-Learning online site is coming soon.)

If not online, get trained in-person:

- monthly trainings coincident with Roundtable
- quarterly District training sessions (next one is in Sept.)
- individually with a Pack Trainer (or similar)



My Profile

[Update My Profile](#)

Training

[E-Learning](#)[Training Validation](#)[Unit Training Detail](#)[Unit Training Tracking](#)

Unit Tools

[Bass Pro Shops Online Toolkit](#)[National Safety Council Defensive Driving Course](#)[Internet Advancement](#)[Internet Rechartering](#)[BeAScout](#)[BeAScout Membership Application Status](#)[Service Hours Reporting](#)[Tour and Activity Plan](#)

District Tools

[Unit Visit Tracking](#)

Council Tools

[Best Practices Portal](#)[Journey To Excellence](#)[Journey To Excellence Resources](#)

E-LEARNING

Cub Scout

Boy/Varsity Scout

Venturing

General

Youth Protection Training

● Youth Protection Training

[Retake Course](#) | [View Certificate](#)

Supplemental Training

● This is Scouting

[Retake Course](#) | [View Certificate](#)

● Safe Swim Defense

[Retake Course](#) | [View Certificate](#)

● Safety Afloat

[Retake Course](#) | [View Certificate](#)

● Weather Hazards

[Retake Course](#) | [View Certificate](#)

Leader Position-Specific Training

● Líder Tiger

[Take Course](#)

● Líder Wolf

[Take Course](#)

● Líder Bear

[Take Course](#)

● Líder Webelos

[Take Course](#)

● Cubmaster

[Take Course](#)

● Instructor del pack

[Take Course](#)

● Comité del pack

[Take Course](#)

● Leader Position-Specific - Tiger Cub

[Retake Course](#) | [View Certificate](#)

● Leader Position-Specific - Wolf Cub

[Retake Course](#) | [View Certificate](#)

● Leader Position-Specific - Bear Cub

[Take Course](#)

● Leader Position-Specific - Webelos

[Retake Course](#) | [View Certificate](#)

● Leader Position-Specific - Cubmaster

[Retake Course](#) | [View Certificate](#)

● Leader Position-Specific - Pack Trainer

[Retake Course](#) | [View Certificate](#)

● Leader Position-Specific - Pack Committee

[Retake Course](#) | [View Certificate](#)



Position-Specific Courses:

“Why is this important?”

Our Council is requiring that all “direct contact” Cub Scout leaders be “fully trained” as of this year’s unit rechartering.

“Direct Contact” leaders include:

- Den Leaders and Assistants (all flavors)
- Cubmasters and Assistants

“Fully Trained” includes:

Youth Protection and relevant Position-Specific Leader Training

If your Pack has more than zero “direct contact” leaders that are not “fully trained,” your Pack will cease to exist as of January 1st 2016.

(according to Cascade Pacific Council)

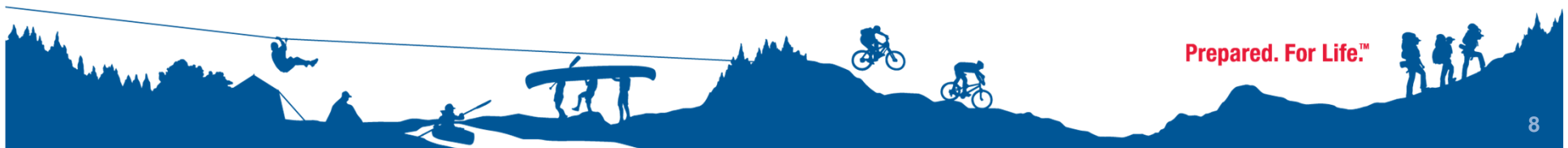




Welcome and Introductions

A quick survey:

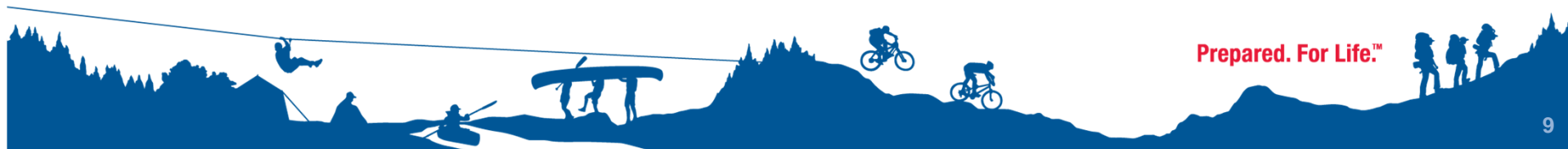
- **Cubmasters & Assistant Cubmasters?**
- **Den Leaders & Assistant Den Leaders?**
- **Committee Members, Committee Chairs,
Pack Trainers, Chartered Org. Reps?**
- **LDS vs. Traditional (community) units?**





Agenda

- **Welcome, Introductions and Training Notes**
- **BSA Emergency Preparedness Award**
- **The Seal of Approval Cheer**
- **Interest Topic:**
Pack Activities (outside of Pack Meetings)
- **Final Thoughts and Resources**





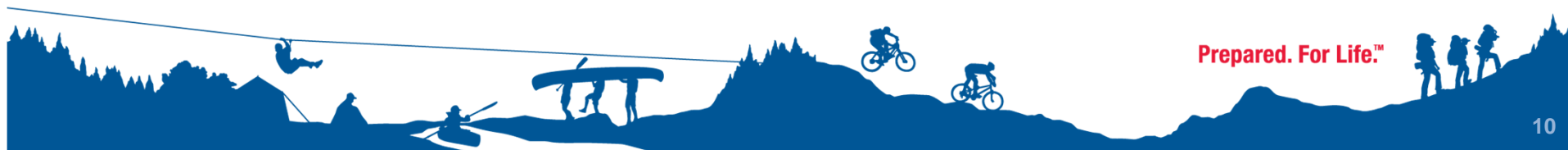
Emergency Preparedness BSA



BSA (and it's programs) has always been a proponent of being prepared – for anything.

The basic aims of Scouting include teaching young people to take care of themselves, to be helpful to others, and to develop courage, self-reliance, and the ability to be ready to serve in an emergency situation.

First introduced in 2003, the Emergency Preparedness Award was recently updated (summer of 2014).



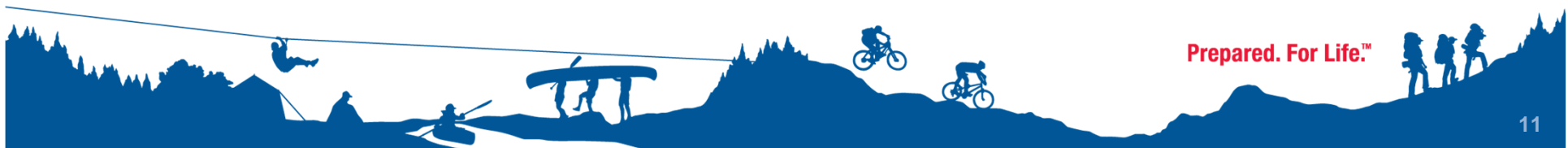


Emergency Preparedness BSA



Tiger Requirements:

1. Cover a family fire plan and drill, and what to do if separated from the family.
2. Discuss a family emergency plan with the family.
3. Create, plan, and practice summoning help during an emergency.
4. Take a nationally recognized first-aid course geared toward children such as American Red Cross First Aid for Children Today (FACT).
5. Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home.
6. Show and tell your family household what you have learned about preparing for emergencies.



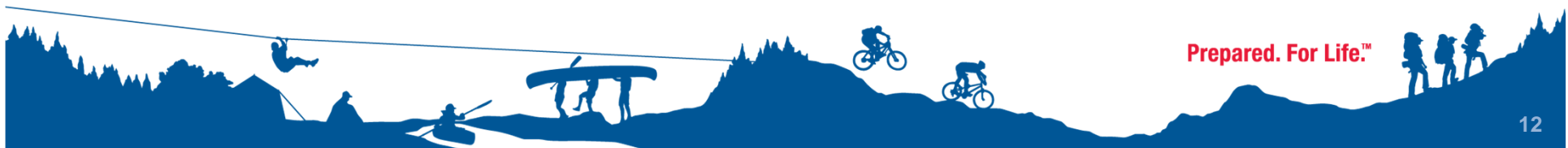


Emergency Preparedness BSA



Wolf Requirements:

1. Create a checklist to keep your home safe.
2. Discuss a family emergency plan with the family.
3. Create, plan, and practice summoning help during an emergency.
4. Learn emergency skills and care for choking, wounds, nosebleeds, falls, and animal bites. The emergency skills should include responses for fire safety, poisoning, water accidents, substance abuse, and more.
5. Join a safe kids program such as the McGruff Child Identification program. Put on a training program for your family or den on stranger awareness, Internet safety, or safety at home.
6. Make a presentation to your family on what you have learned about preparing for emergencies.



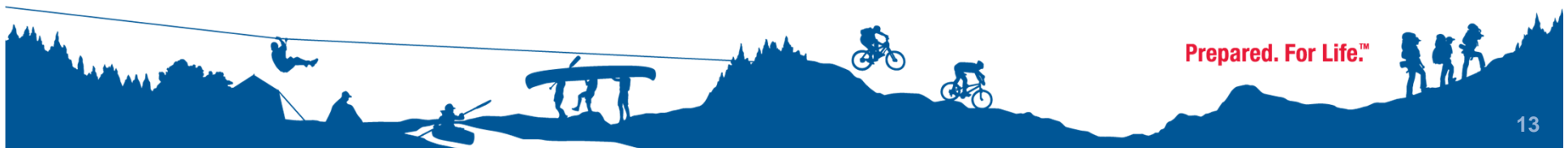


Emergency Preparedness BSA



Bear Requirements:

1. Create, plan, and practice summoning help during an emergency.
2. Learn how to shut off utilities to your home in an emergency.
3. Learn simple rescue techniques.
4. Learn emergency skills and care for choking, wounds, nosebleeds, falls, and animal bites. The emergency skills should include responses for fire safety, poisoning, water accidents, substance abuse, and more.
5. Put together a family emergency kit for use in the home.
6. Organize a safe kids program such as the McGruff Child Identification program. Put on a training program for your family or den on stranger awareness, Internet safety, or safety at home.
7. Make a small display or give a presentation for your family or den on what you have learned about preparing for emergencies.



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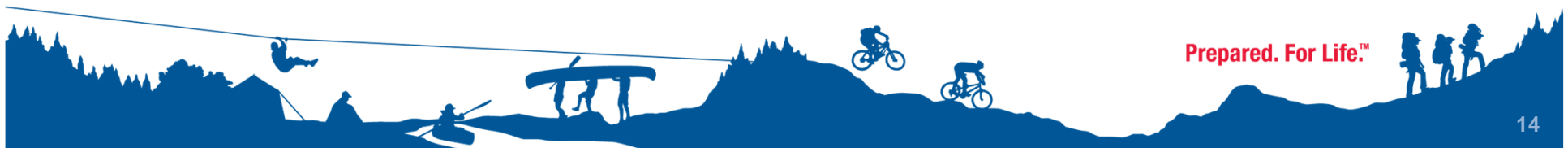


Emergency Preparedness BSA



Webelos Requirements:

1. Learn rescue techniques.
2. Build a family emergency kit, with an adult family member participating in the project.
3. Take a first-aid course.
4. Learn to survive extreme weather situations.
5. Learn about stranger awareness, Internet safety, or safety at home.
6. Give a presentation to your den on preparing for emergencies.





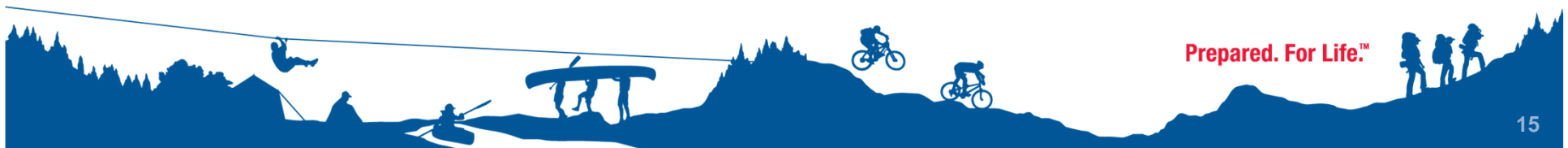
Emergency Preparedness BSA



Unit Volunteer Requirements:

Do any three of the following:

1. Provide input to develop or improve an emergency preparedness program plan and kit for your home and be sure all family members know the plan.
2. Participate actively in preparing an emergency action plan for your Scouting unit meeting place. (This includes all locations where you might have a meeting.)
3. Put together a unit emergency kit to be kept at your unit meeting location. (This includes all locations where you might have a meeting.)
4. Take a basic first-aid/CPR/AED course.
5. Participate as an active volunteer in a community agency responsible for disaster preparedness.
6. Complete IS-100.b, Introduction to Incident Command System (see <http://training.fema.gov/IS/NIMS.asp>).



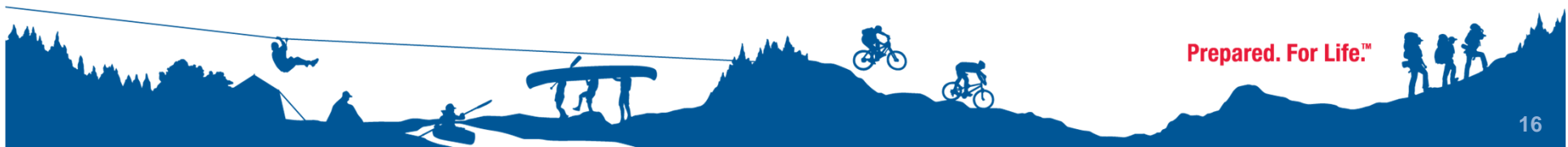


Emergency Preparedness BSA



Pack Requirements:

- Pack members conduct a check or create a Pack and personal first-aid kit.
- Pack members conduct a safety check of their meeting place using the checklist in the *Guide to Safe Scouting*. (<http://www.scouting.org/filestore/pdf/mpinsp.pdf>)
- The Cubmaster, assistant Cubmaster(s) and the Pack committee chair have in their possession and have read the most current *Guide to Safe Scouting*.
- Pack members create an emergency action plan for unit use during regular meetings, tours, and activities. See <http://www.scouting.org/filestore/doc/680-029.doc>.
- Greater than 40 percent of registered adults are trained in Safety Afloat and Safe Swim Defense. (<http://myscouting.scouting.org>)
- Greater than 40 percent of registered members, including at least one adult, are trained in first aid and CPR/AED by a recognized agency such as the Emergency Care and Safety Institute, the American Red Cross, or the American Heart Association.
- Greater than 40 percent of Pack members completed the SCOUTStrong fitness program. (<http://www.scouting.org/scoutstrongpala.aspx>)





Emergency Preparedness BSA

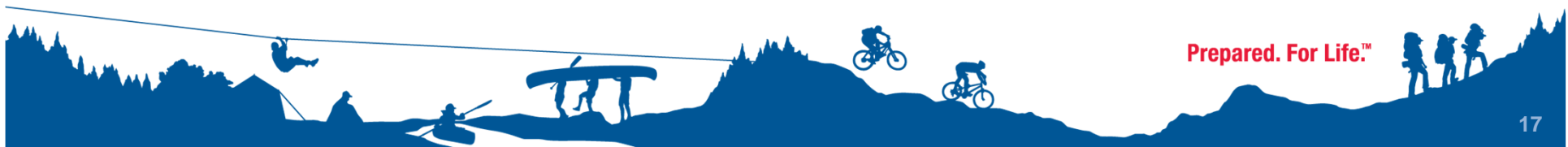


Pack Requirements: (continued)

Achieve the mandatory requirements (previous slide) and:

- **Bronze Level:** If 30 percent of your youth and adult members earned the award.
- **Silver Level:** If 40 percent of your youth and adult members earned the award.
- **Gold Level:** If 50 percent of your youth and adult members earned the award.

(additional requirements for Troops, Teams, and Crews,
as well as Districts and/or Council volunteers)





Emergency Preparedness BSA



More Information is available!

Full listing of requirements:

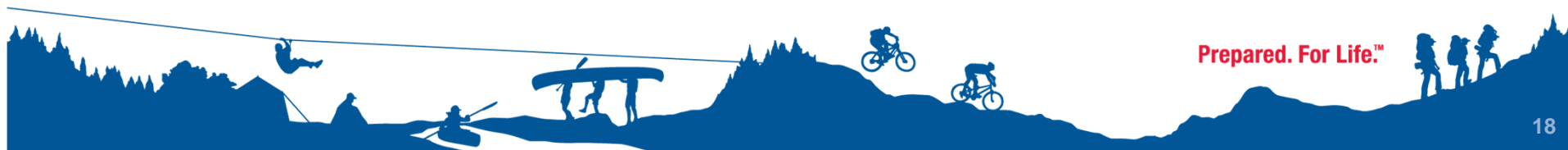
<http://www.scouting.org/scoutsource/Media/Publications/EmergencyPreparedness/award.aspx>

Application Form:

<http://www.scouting.org/filestore/pubs/pdf/680-602.pdf>

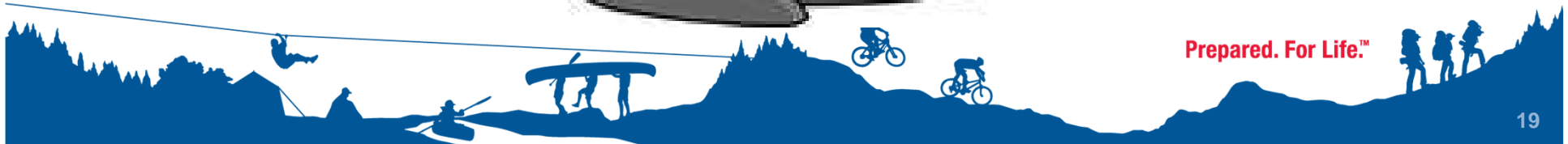
MeritBadge.org summary:

http://meritbadge.org/wiki/index.php/Emergency_Preparedness_Award





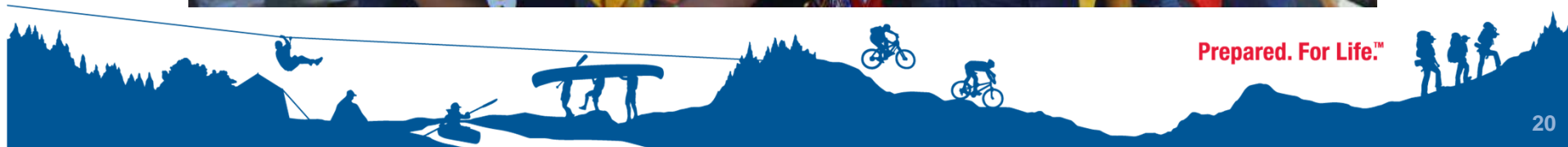
Cheer: The Seal of Approval



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Pack Activities (outside of Pack Meetings)





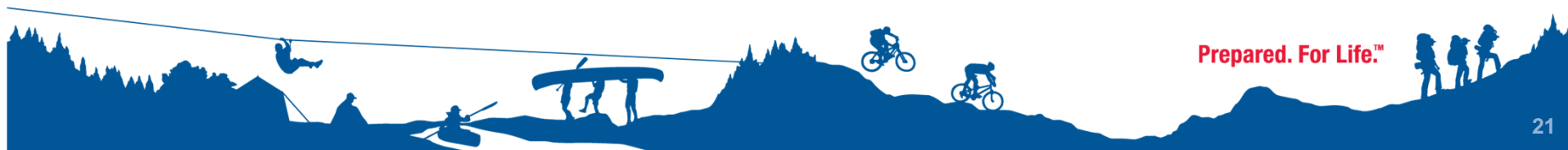
An Analogy



The Cub Scout Program is like a cake:

- **The advancement program is the cake itself**
 - This is the foundation of our program
- **The fun “extra” activities are the frosting**
 - This is what keeps the scouts coming back for more
 - Fun simply for the sake of having fun
- **Awards are the cream filling**
 - Adds depth and a different dimension to the experience

**“If you aren’t having fun, you’re doing it wrong.”
- Brian Blachly**



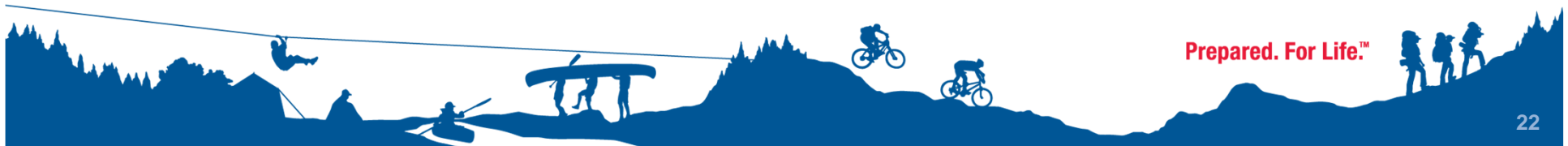


Pack Activities

Fun and exciting “extra” activities are (often) what keep our Cub Scouts coming back each month.

- **Beyond your “go-to” activities throughout the year:**
 - Blue & Gold Banquet
 - Pinewood Derby
 - Summer Camp
- **Try to not get “stuck in a rut” with your calendar**
 - doing all the same activities year after year can get boring
 - try something new: mix it up!

You (and your scouts) just might enjoy it

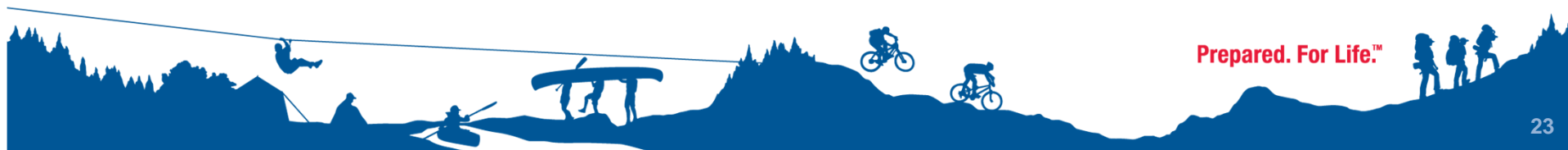




Pack Activities

**Three different types of Pack activities
(beyond the monthly Pack Meeting):**

- 1. Day-trip activities or events**
- 2. Indoor Overnights**
- 3. Camp / Camping: Summer, Pack, Den**

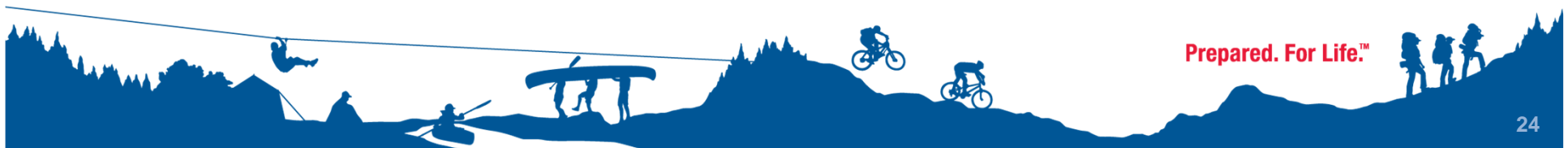




Pack Activities

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(beyond the monthly Pack Meeting):**

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Pack Activities – Day Trips / Events

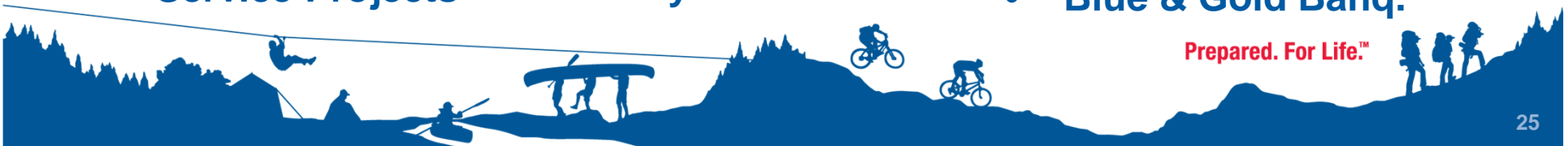
Some Examples:

- Local Hiking
- Local Bicycling
- Fishing
- Model Rockets
- Geocaching
- Scavenger Hunt
- Disk Golf
- Bowling
- Golfing
- Mini-golfing
- Frisbee
- Game Museum
- Service Projects
- Soccer
- Baseball
- Basketball
- Flag Football
- Street Hockey
- Skateboarding
- Roller Skating
- Roller Blading
- Ice Skating
- Ice Hockey
- Scooters
- Snow Sled / Tubing
- Bicycle Rodeo
- Local Farm
- Food Producer
(a la Reser's)
- Art Gallery
- Museum
- City Hall
- Sporting Event
- Laser Tag (??)

The Classics:

- Pinewood Derby
- Raingutter Regatta
- Space Derby
- Blue & Gold Banq.

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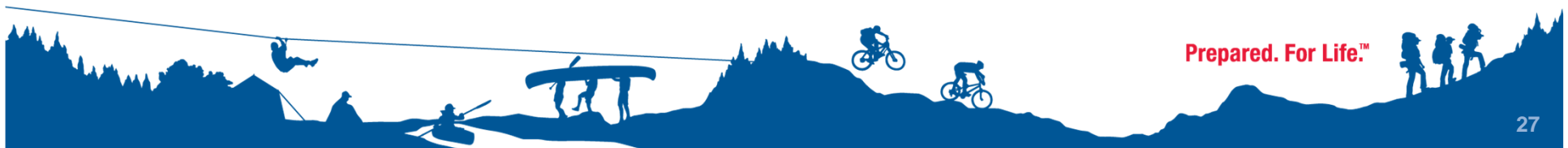




Focus: Pack Hiking Activity

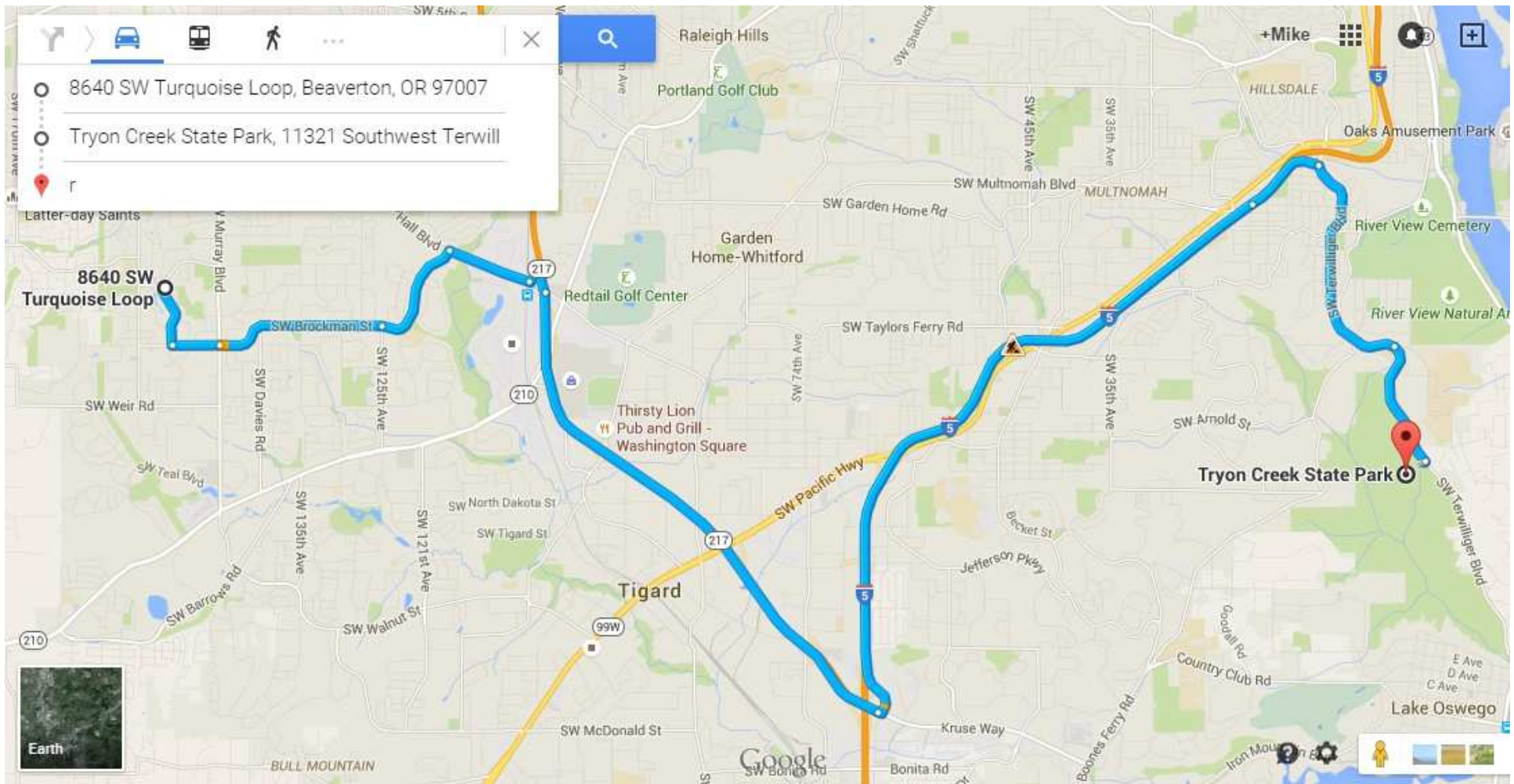
At Tryon Creek State Park

1. 24-minute drive from [here](#)
2. Many trail / distance options for hiking
3. Staffed nature center
4. Forested Area, but very safe





Focus: Pack Hiking Activity

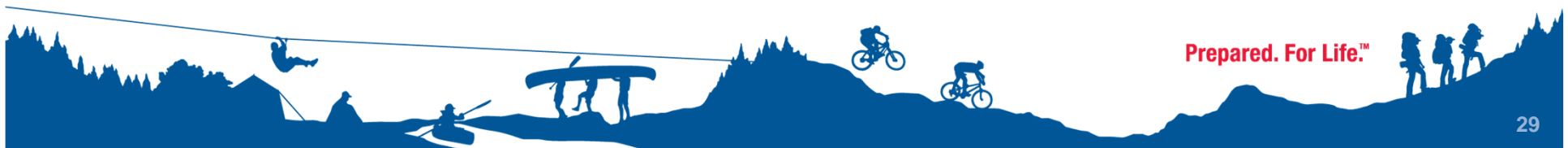


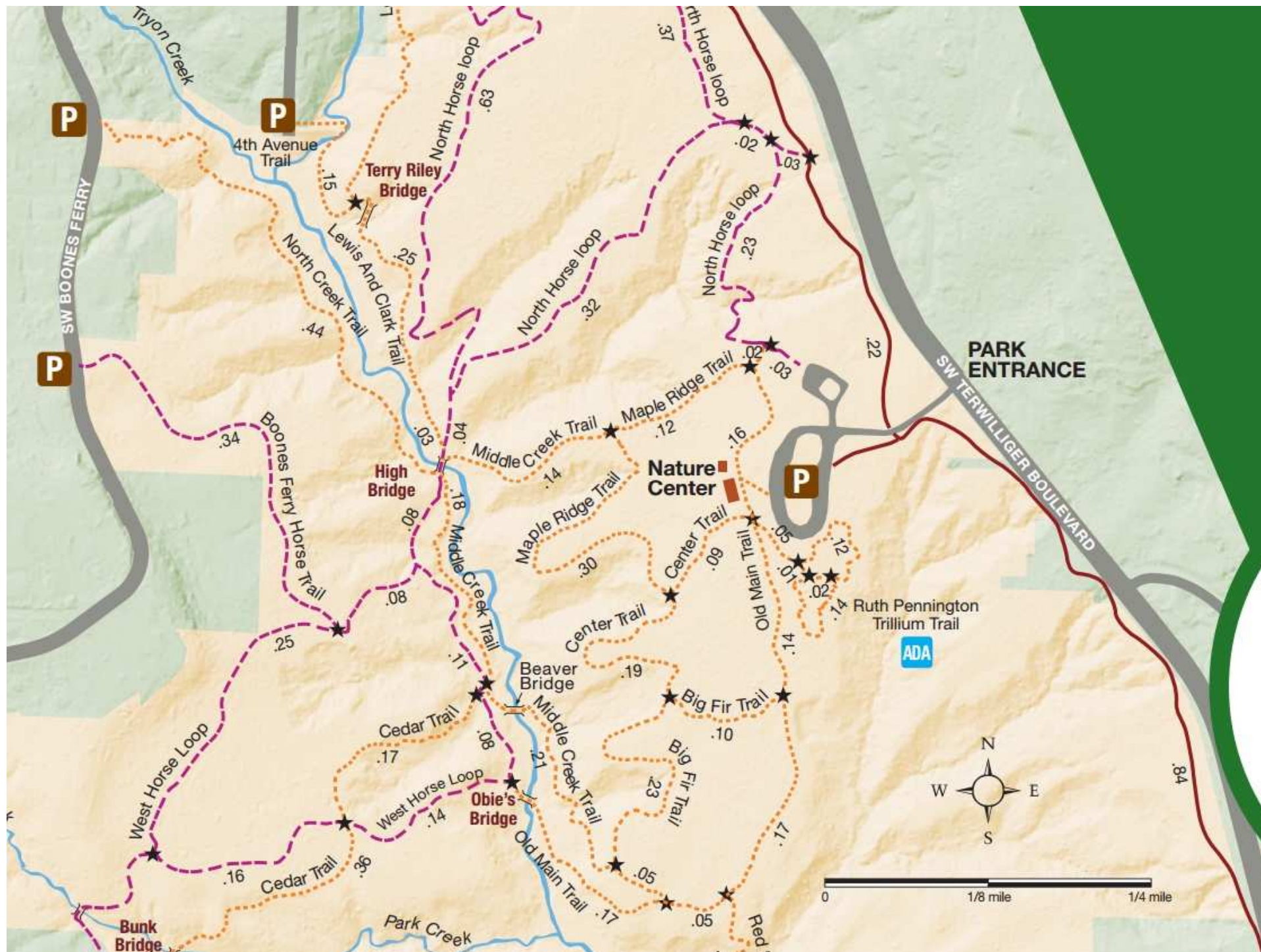


Focus: Pack Hiking Activity

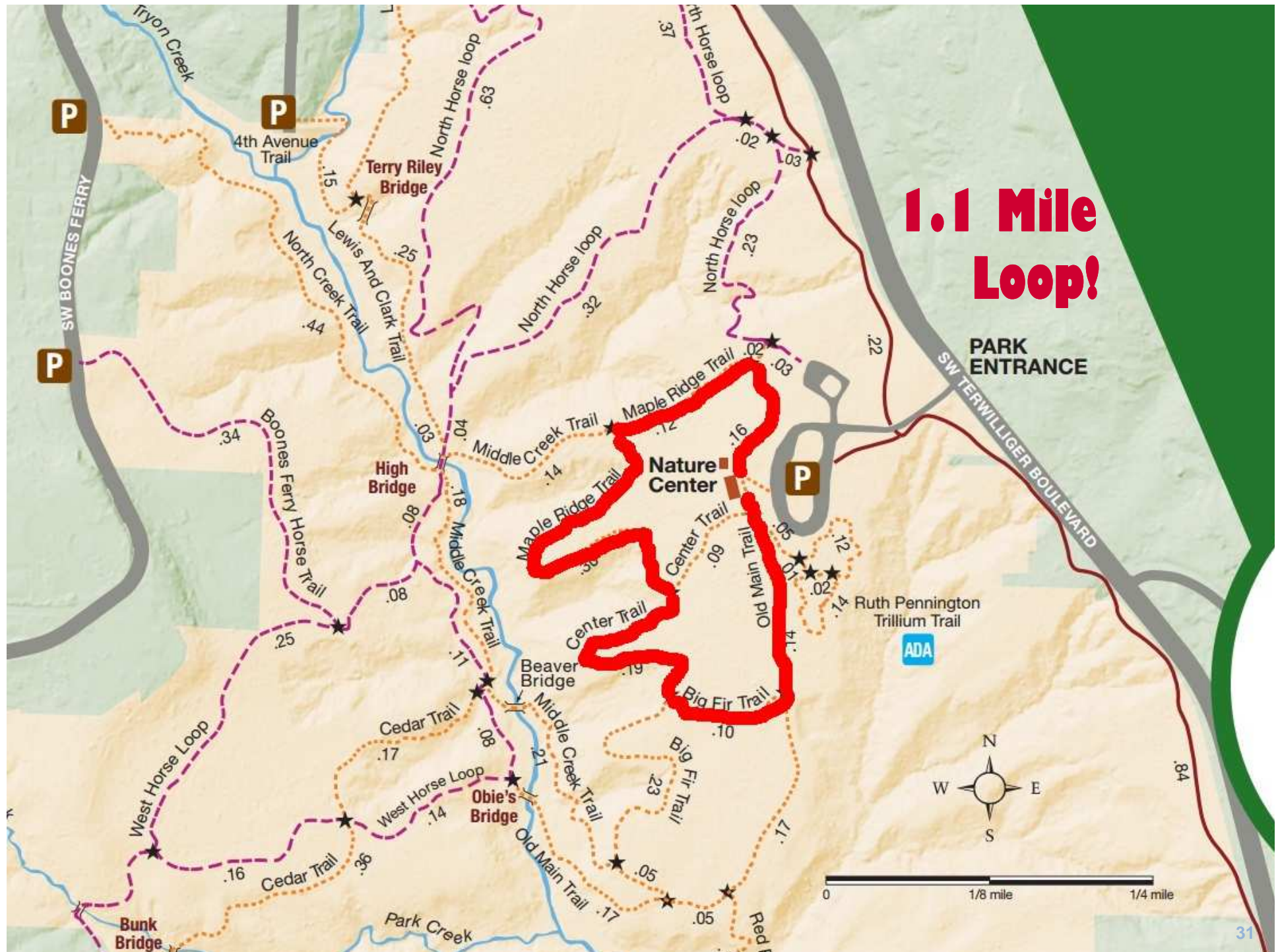
Tryon Creek State Park Activity Plan:

1. Meet at the nature center: allow the scouts 10-15 minutes to explore
 2. Gather all scouts and discuss & recite the Outdoor Code and Leave No Trace principals (try to cover all rank's requirements)
 3. Briefly show & discuss the six essentials for going outdoors
 4. Briefly discuss the buddy system
- Tiger Den goes on a "Short Hike" (w/ plant and animal ident.)
 - Wolf Den goes on a 1-mile hike
 - Bear Den goes on a 1-mile hike: observe nature, identify animals
 - Webelos Den goes on a 3-mile hike (after discussing and establishing hike leadership roles), followed by a service project

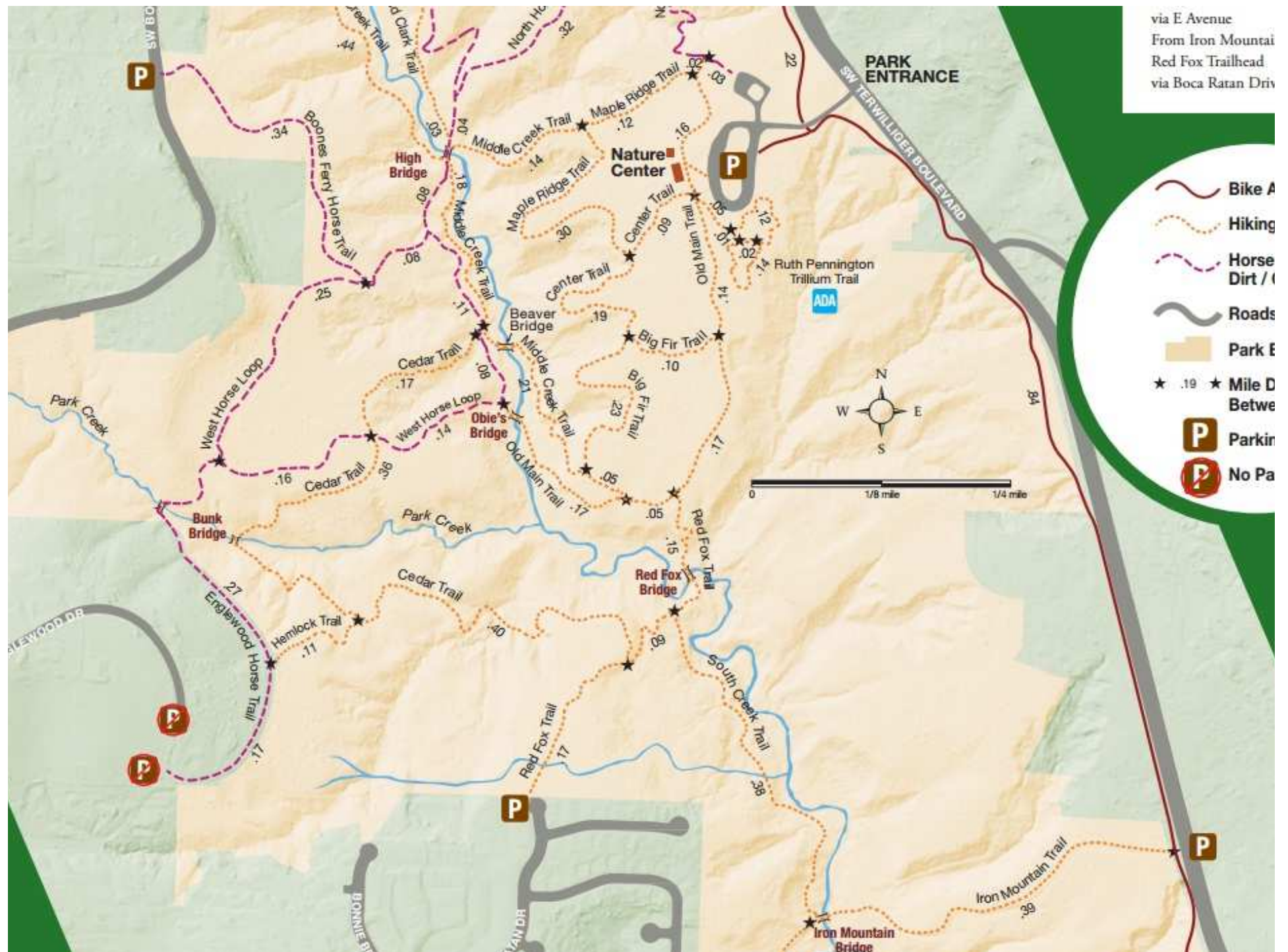




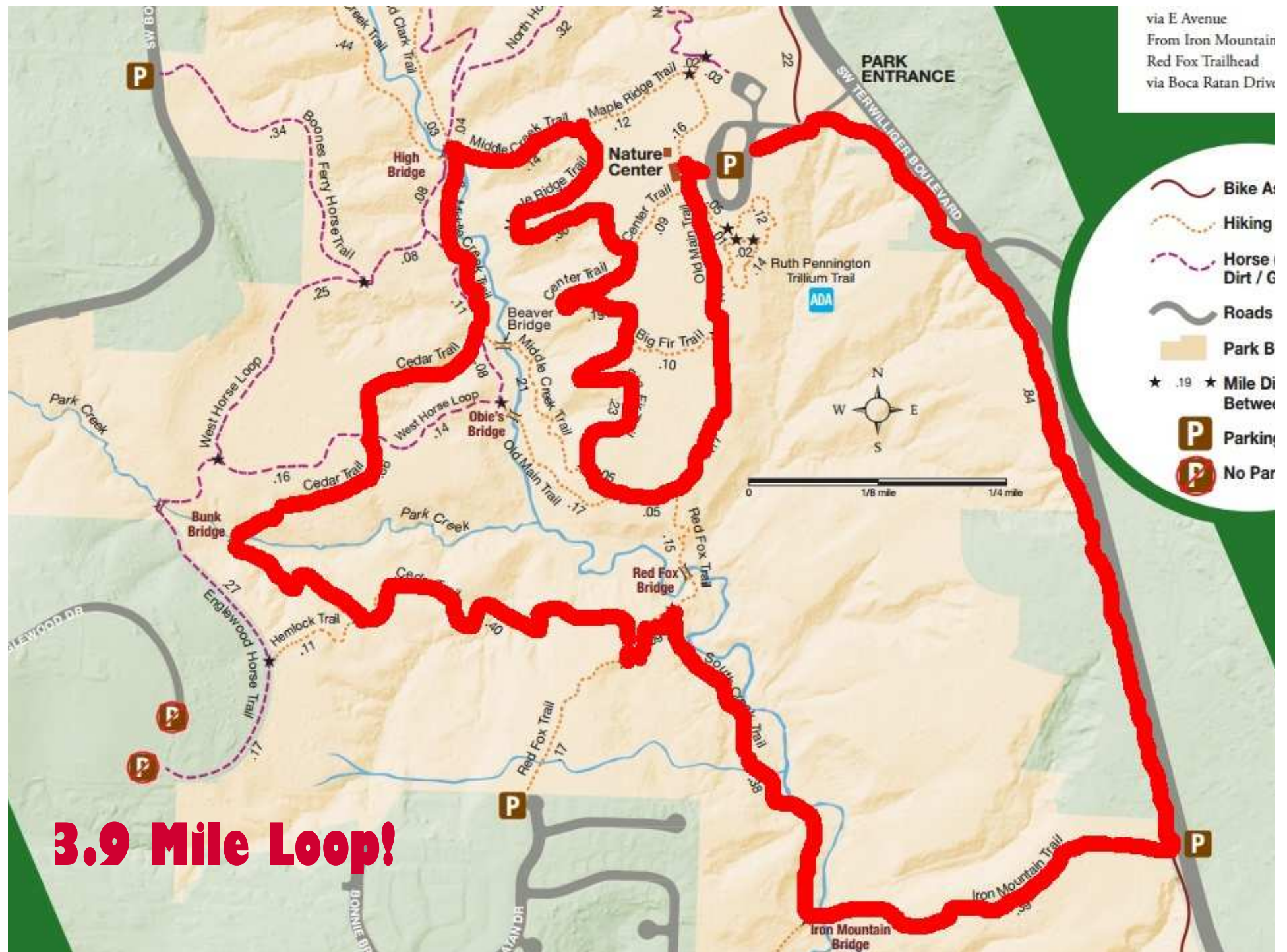
**1.1 Mile
Loop!**



via E Avenue
From Iron Mountain
Red Fox Trailhead
via Boca Raton Driv



via E Avenue
From Iron Mountain
Red Fox Trailhead
via Boca Raton Drive



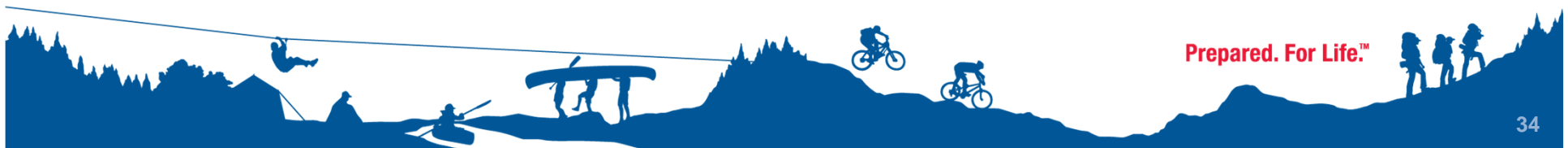


Focus: Pack Hiking Activity (Tiger)

Tigers in the Wild:

- Name and collect the Cub Scout Six Essentials
- Listen while your leader reads the Outdoor Code and Leave No Trace Principles for Kids – apply these on outings.
- Go for a short hike.
- Find three different kinds of plants, animals, or signs that animals have been on the trail.
- Find two different trees and two different types of plants that grow in your area. Write their names in your Tiger Handbook.
- Visit a nature center.

(Six of the Seven requirements)



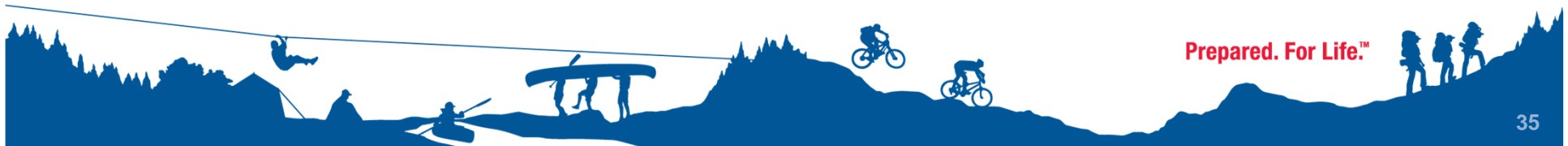


Focus: Pack Hiking Activity (Wolf)

Paws on the Path:

- Assemble the Cub Scout Six Essentials to take along on your hike.
- Tell what the buddy system is and why we always use it in Cub Scouts.
- Describe what you should do if you get separated from your group while hiking.
- Recite the Outdoor Code and the Leave No Trace Principles for Kids with your leader
- Go on a 1-mile hike with your den or family. Watch and record two interesting things that you've never seen before.

(Five of the Eight requirements)



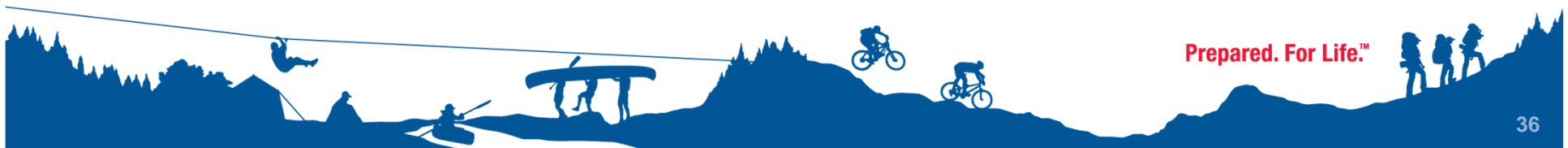


Focus: Pack Hiking Activity (Bear)

Fur, Feathers and Ferns:

- While hiking or walking for one mile, identify six signs that any animals, birds, insects, reptiles, or plants are living nearby the place where you choose to hike.
- Visit a nature center
- Observe wildlife from a distance. Describe what you saw.
- Use a magnifying glass to examine plants more closely. Describe what you observed.

(Four of the Seven requirements)



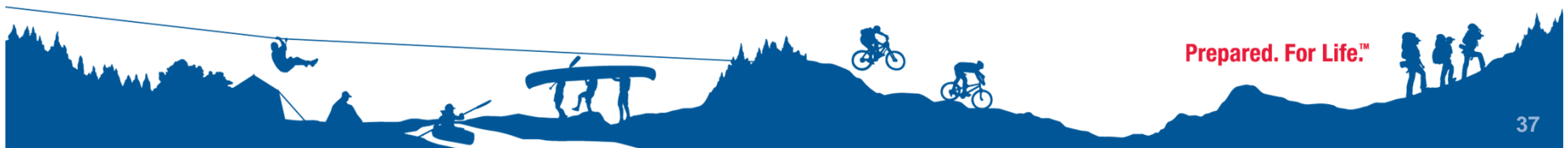


Focus: Pack Hiking Activity (Web.)

Webelos Walkabout:

- Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them on your Webelos adventures
- With your Webelos den or with a family member, hike 3 miles.
- Before your hike, plan and prepare a nutritious lunch. Enjoy it on your hike, and clean up afterward.
- Complete a service project on or near the hike location.
- Perform one of the following leadership roles during your hike: trail leader, first-aid leader, lunch leader, or service project leader.

(Five of the Eight requirements)





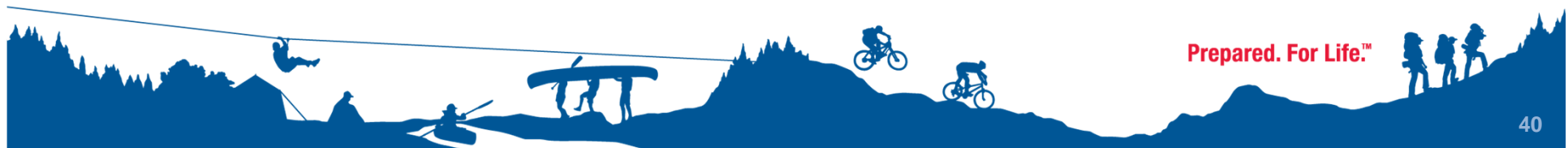




Focus: Bicycle Rodeo

Tiger Elective Adventure: Rolling Tigers

1. With your den or adult partner, discuss two different types of bicycles and their uses.
2. With your den or adult partner, try on safety gear you should use while riding your bike. Show how to wear a bicycle helmet properly.
3. With your den or adult partner, learn and demonstrate safety tips to follow when riding your bicycle.
4. Learn and demonstrate proper hand signals.
5. With your den or adult partner, do a safety check on your bicycle.
6. With your den or family, go on a bicycle hike wearing your safety equipment. Follow the bicycling safety and traffic laws.
7. Learn about a famous bicycle race or famous cyclist. Share what you learn with your den.
8. Visit your local or state police department to learn about bicycle-riding laws.
9. Identify two jobs that use bicycles.



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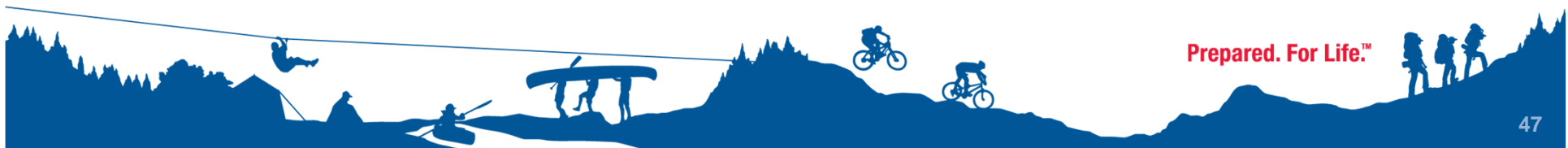




Focus: Astronomy

Tiger Elective Adventures: Sky Is the Limit

1. With your den or adult partner, go outside to observe the night sky. Talk about objects you see or might see.
2. Look at a distant object through a telescope or binoculars. Show how to focus the device you chose.
3. Observe in the sky or select from a book or chart two constellations that are easy to see in the night sky. With your adult partner, find out the names of the stars that make up the constellation and how the constellation got its name. Share what you found with your den.
4. Create and name your own constellation. Share your constellation with your den.
5. Create a homemade constellation.
6. Find out about two different jobs related to astronomy. Share this information with your den.
7. Find out about two astronauts who were Scouts when they were younger. Share what you learned with your den.
8. With your den or family, visit a planetarium, observatory, science museum, astronomy club, or college or high school astronomy teacher. Before you go, write down questions you might want to ask. Share what you learned.



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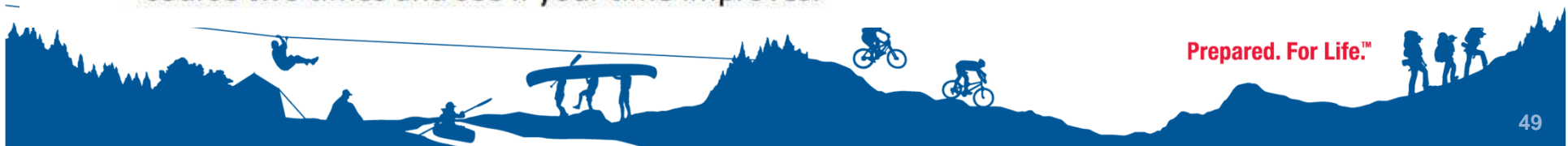




Focus: Sporting Events

Wolf Elective Adventures: Paws of Skill

1. Talk with your family and den about what it means to be physically fit. Share ideas of what you can do to stay in shape.
2. With your den, talk about why it is important to stretch before and after exercising. Demonstrate proper warm-up movements and stretches before and after each activity you do that involves action.
3. Select at least two physical fitness skills and practice them daily. See if you can improve over a two-week period.
4. With your family or your den, talk about what it means to be a member of a team. Working together, make a list of team sports, and talk about how the team works together to be successful. Choose one and play for 30 minutes.
5. With your den, talk about sportsmanship and what it means to be a good sport while playing a game or a sport. Share with your den how you were a good sport or demonstrated good sportsmanship in requirement 4.
6. Visit a sporting event with your family or your den. Look for ways the team works together. Share your visit with your den.
7. With your den, develop an obstacle course that involves five different movements. Run the course two times and see if your time improves.



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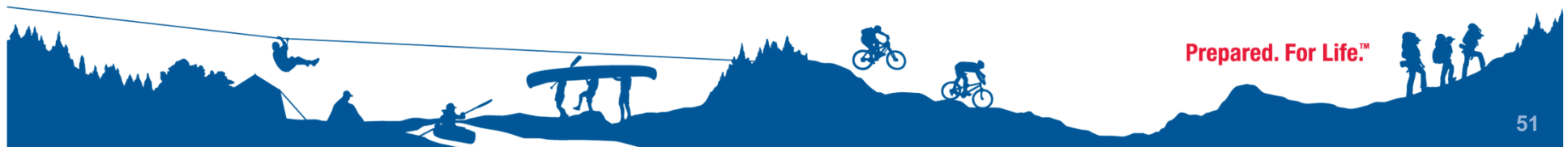




Focus: Fishing

Bear Elective Adventure: A Bear Goes Fishing

1. Discover and learn about three types of fishes in your area. Draw a color picture of each fish, record what each one likes to eat, and describe what sort of habitat each likes.
2. Learn about your local fishing regulations with your leader or a parent or guardian. List three of the regulations you learn about and one reason each regulation exists.
3. Learn about fishing equipment, and make a simple fishing pole. Practice casting at a target.
4. Go on a fishing adventure, and spend a minimum of one hour trying to catch a fish. Put into practice the things you have learned about fish and fishing equipment.







Focus: Swimming

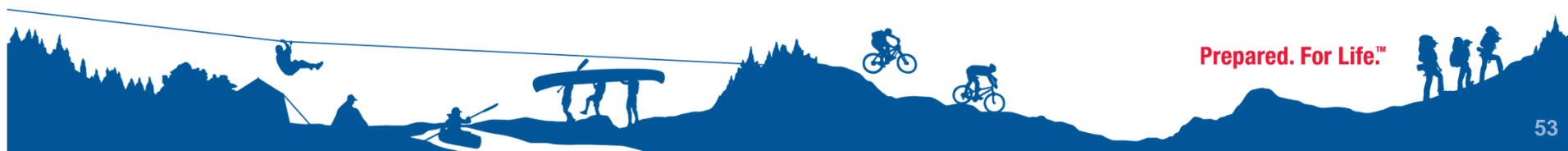
Wolf Elective Adventures: Spirit of the Water

1. Demonstrate how the water in your community can become polluted.
2. Explain one way that you can help conserve water in your home.
3. Explain to your den leader why swimming is good exercise.
4. Explain the safety rules that you need to follow before participating in swimming or boating.
5. Show how to do a reaching rescue.
6. Visit a local pool or public swimming area with your family or Wolf den. With qualified supervision, jump into water that is at least chest-high, and swim 25 feet or more.



Bear Elective Adventures: Salmon Run

1. Explain the safety rules that you need to follow before participating in boating.
2. Identify the equipment needed when going boating.
3. Demonstrate correct rowing or paddling form. Explain how rowing and canoeing are good exercise.
4. Explain the importance of response personnel or lifeguards in a swimming area.
5. Show how to do both a reach rescue and a throw rescue.
6. Visit a local pool or swimming area with your den or family, and go swimming.
7. Demonstrate the front crawl swim stroke to your den or family.
8. Name the three swimming ability groups for the Boy Scouts of America.
9. Attempt to earn the BSA beginner swimmer classification.



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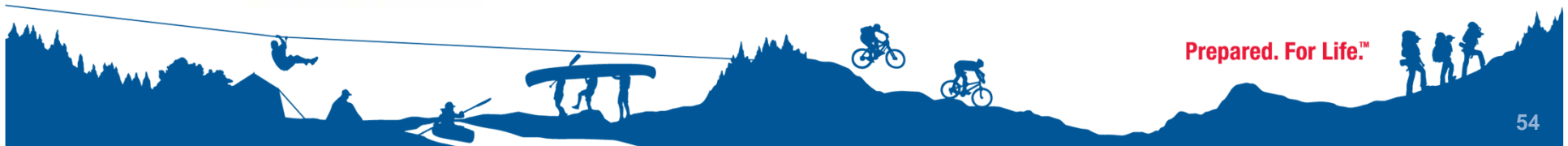
Focus: Swimming

Webelos/AOL Elective Adventure: Aquanaut

Complete 1–5 and any two from 6–10.



1. State the safety precautions you need to take before doing any water activity.
2. Recognize the purpose and the three classifications of swimming ability groups in Scouting.
3. Discuss the importance of learning the skills you need to know before going boating.
4. Explain the meaning of “order of rescue” and demonstrate the reach and throw rescue techniques from land.
5. Attempt the BSA swimmer test.
6. Demonstrate the precautions you must take before attempting to dive headfirst into the water, and attempt a front surface dive.
7. Learn and demonstrate two of the following strokes: crawl, sidestroke, breaststroke, or trudgen.
8. Invite a member or former member of a lifeguard team, rescue squad, the U.S. Coast Guard, U.S. Navy, or other armed forces branch who has had swimming and rescue training to your den meeting. Find out what training and other experiences this person has had.
9. Demonstrate how to correctly fasten a life jacket that is the right size for you. Jump into water over your head. Show how the life jacket keeps your head above water by swimming 25 feet. Get out of the water, remove the life jacket and hang it where it will dry.
10. If you are a qualified swimmer, select a paddle of the proper size and paddle a canoe with an adult’s supervision.



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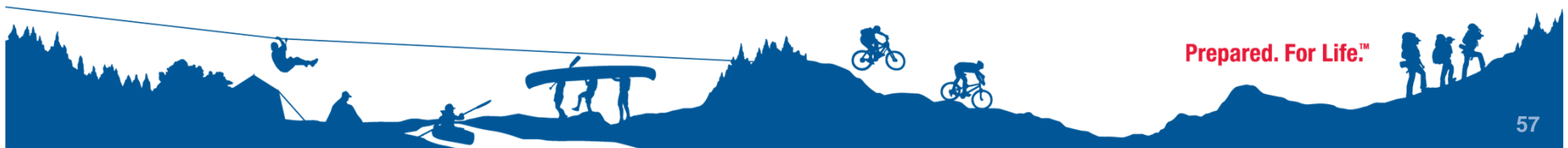




Focus: Public Safety

Tiger Elective Adventure: Tiger: Safe and Smart

1. Do the following:
 - a. Memorize your address, and say it to your den leader or adult partner.
 - b. Memorize an emergency contact's phone number, and say it to your den leader or adult partner.
 - c. Take the 911 safety quiz.
2. Do the following:
 - a. Show you can "Stop, Drop, and Roll."
 - b. Show you know how to safely roll someone else in a blanket to put out a fire.
3. Make a fire escape map with your adult partner.
4. Explain your fire escape map, and try a practice fire drill at home.
5. Find the smoke detectors in your home. With the help of your adult partner, check the batteries.
6. Visit an emergency responder station, or have an emergency responder visit you.



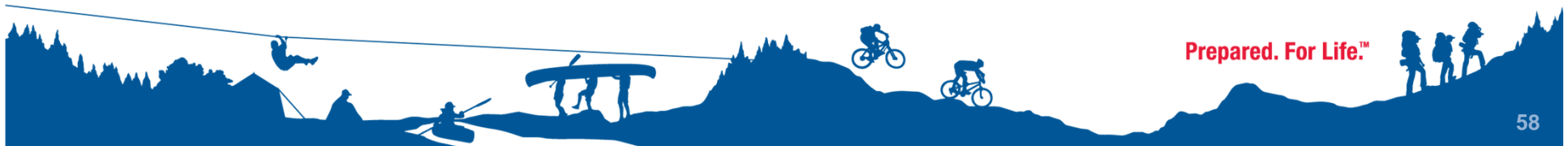
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Focus: Public Safety

Wolf Elective Adventures: Hometown Heroes

1. Talk with your family and den about what it means to you to be a hero. Share the name of someone you believe is a hero. Explain what it is that makes that person a hero.
2. Visit a community agency where you will find many heroes. While there, find out what they do. Share what you learned with your den.
3. With the help of a family member, interview one of your heroes, and share what you learn with your den. Tell why you think this person is a hero.
4. As a den or family, honor a serviceman or servicewoman by sending a care package along with a note thanking them for their service.
5. With your family or den, find out about animals that are trained to help others in your community.
6. Participate in or create an event that celebrates your hometown hero(es).



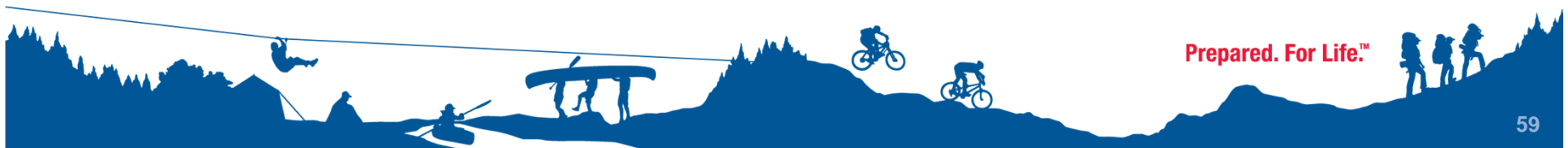
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Focus: Public Safety

Bear Elective Adventure: Forensics

1. Talk with your family and den about forensics and how it is used to help solve crimes.
2. Analyze your fingerprints.
3. Learn about chromatography and how it is used in solving crimes. Do an investigation using different types of black, felt-tip markers. Share your results with your den.
4. Do an analysis of four different substances: salt, sugar, baking soda, and cornstarch.
5. Make a shoe imprint.
6. Visit the sheriff's office or police station in your town. Find out how officers collect evidence.
7. Learn about the different jobs available in forensic science. Choose two, and find out what is required to work those jobs. Share what you learned with your den.
8. Learn how animals are used to gather important evidence. Talk about your findings with your den.



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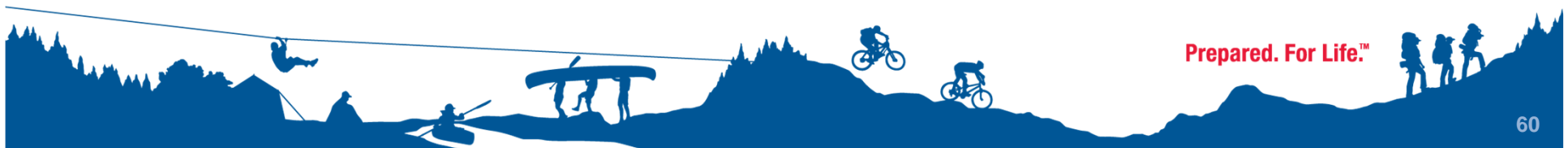


Pack Activities – Day Trips / Events

What day-activities have you had good experiences with?

What activities have NOT been successful?

A great resource for ideas: Council Segment Guide





Pack Activities – Day Trips / Events

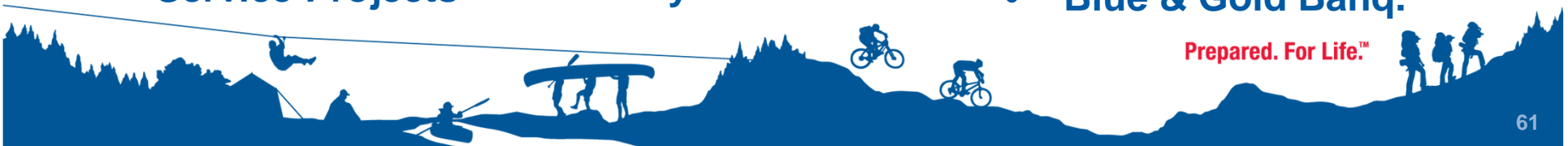
Some Examples:

- Local Hiking
- Local Bicycling
- Fishing
- Model Rockets
- Geocaching
- Scavenger Hunt
- Disk Golf
- Bowling
- Golfing
- Mini-golfing
- Frisbee
- Game Museum
- Service Projects
- Soccer
- Baseball
- Basketball
- Flag Football
- Street Hockey
- Skateboarding
- Roller Skating
- Roller Blading
- Ice Skating
- Ice Hockey
- Scooters
- Snow Sled / Tubing
- Bicycle Rodeo
- Local Farm
- Food Producer
(a la Reser's)
- Art Gallery
- Museum
- City Hall
- Sporting Event
- Laser Tag

The Classics:

- Pinewood Derby
- Raingutter Regatta
- Space Derby
- Blue & Gold Banq.

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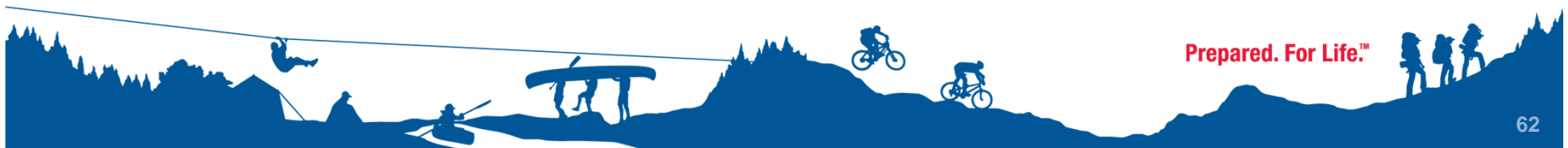




Pack Activities

**Three different types of Pack activities
(beyond the monthly Pack Meeting):**

- 1. Day-trip activities or events**
- 2. Indoor Overnights**
- 3. Camp / Camping: Summer, Pack, Den**



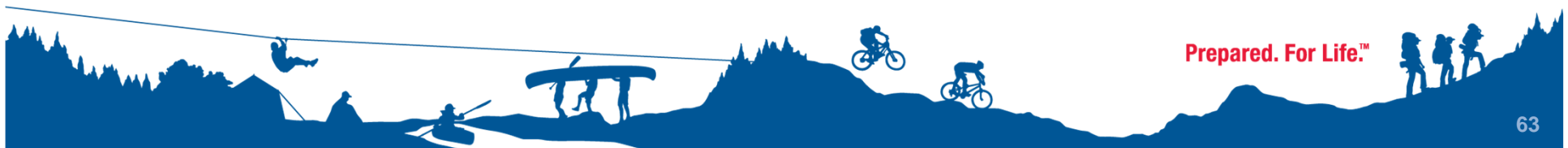


Pack Activities – Overnights

Overnights:

- **Oregon Zoo** (Portland)
- **Evergreen Aviation & Space Museum** (McMinnville)
- **Oregon Coast Aquarium** (Newport)
- **OMSI** (Portland)
- **USS Turner Joy** (Seattle, WA)

There are likely more that I'm not aware of...





Pack Activities – Overnights

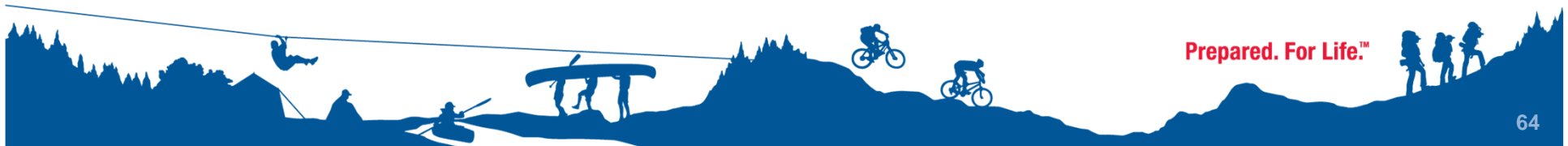
OREGON
ZOO



A SERVICE OF METRO

ZooSnooze:

<http://www.oregonzoo.org/discover/field-trips-and-school-programs/zoosnooze>



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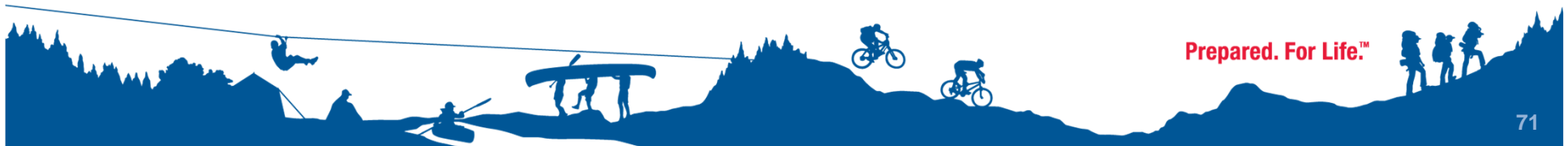
Pack Activities – Overnights

EVERGREEN AVIATION & SPACE MUSEUM

THE CAPTAIN MICHAEL KING SMITH EDUCATIONAL INSTITUTE

Night Flights:

<http://evergreenmuseum.org/education/educational-programs/>



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APOLLO 11

ONE SMALL STEP
On Sunday, July 20, 1969, little more than two weeks after President Kennedy's directive, *humanity* stepped onto the moon. Observed by some 600 million people, the first man on the moon, *Apollo 11*, and white TV camera (referred to as *Apollo 11*) were seen as *Apollo 11* landed. Armstrong awkwardly climbed down, jumped onto the moon's dusty surface. (a) man, one giant leap for mankind. His crewmate, *Buzz Aldrin*, followed him.

The two astronauts conducted science, planting a seismic recorder to measure lunar activity, and placed a reflector to more accurately measure the distance between Earth and the moon. They took photographs and placed a small flag on the moon. Twenty-one and a half hours later, the *Apollo 11* launched for home. The "significant desolation" [in Aldrin's words] was the first time a man had ever seen the Earth from space. One hundred and ninety-five hours after launch, the three astronauts splashed down in the Pacific Ocean.

President Kennedy's mandate had been to put a man on the moon.

MOON SUIT

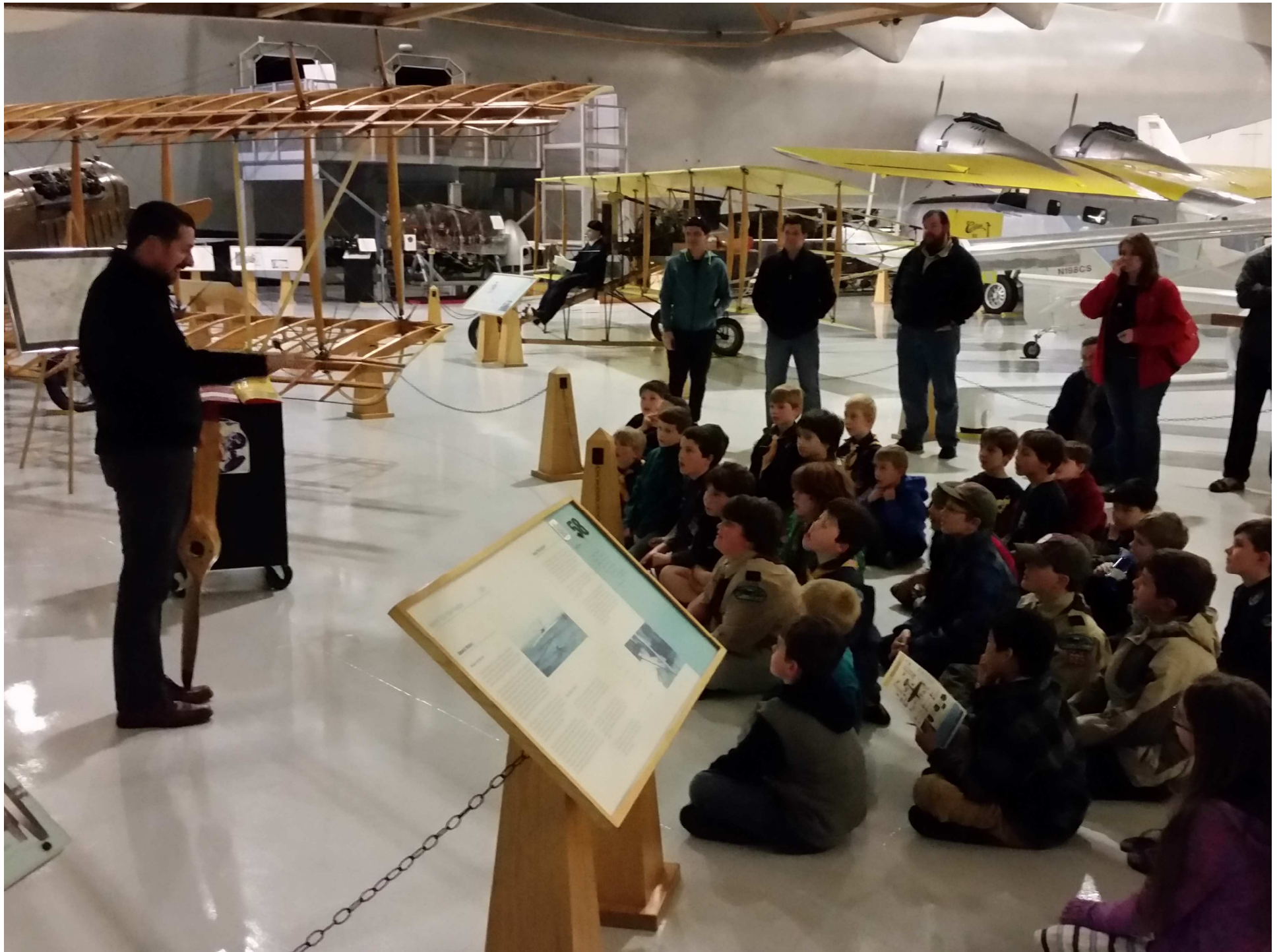
The moon suit is a complex piece of equipment, designed to protect the astronaut from the harsh conditions of the lunar environment. It is a full-body suit, including a helmet and gloves, and is made of a lightweight, flexible material. The suit is designed to provide the astronaut with a limited range of movement, but it is essential for survival on the moon. The suit is also equipped with a life-support system, which provides the astronaut with oxygen and removes carbon dioxide. The suit is a critical piece of equipment for any lunar mission.

This is a replica of the LM.



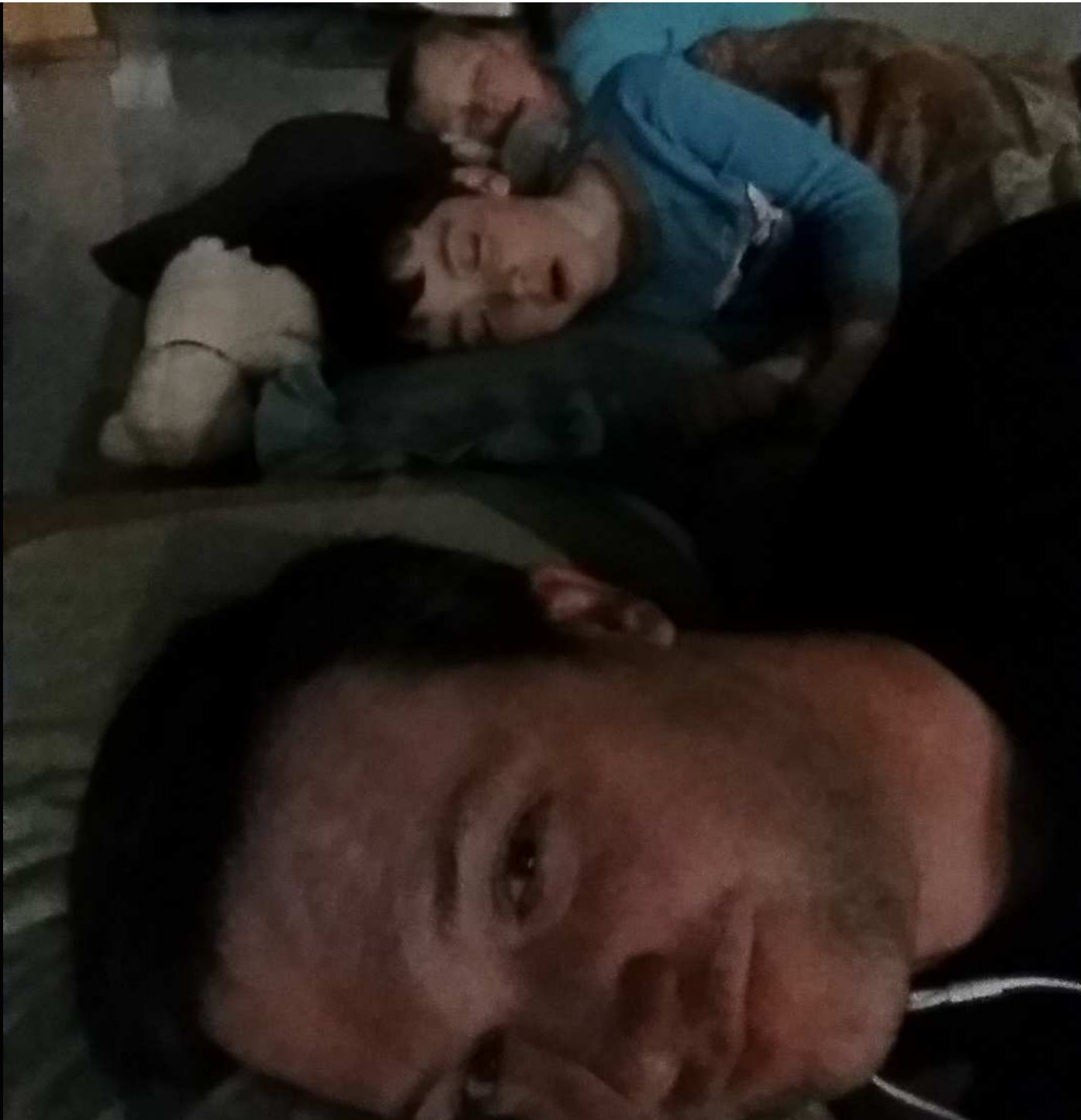


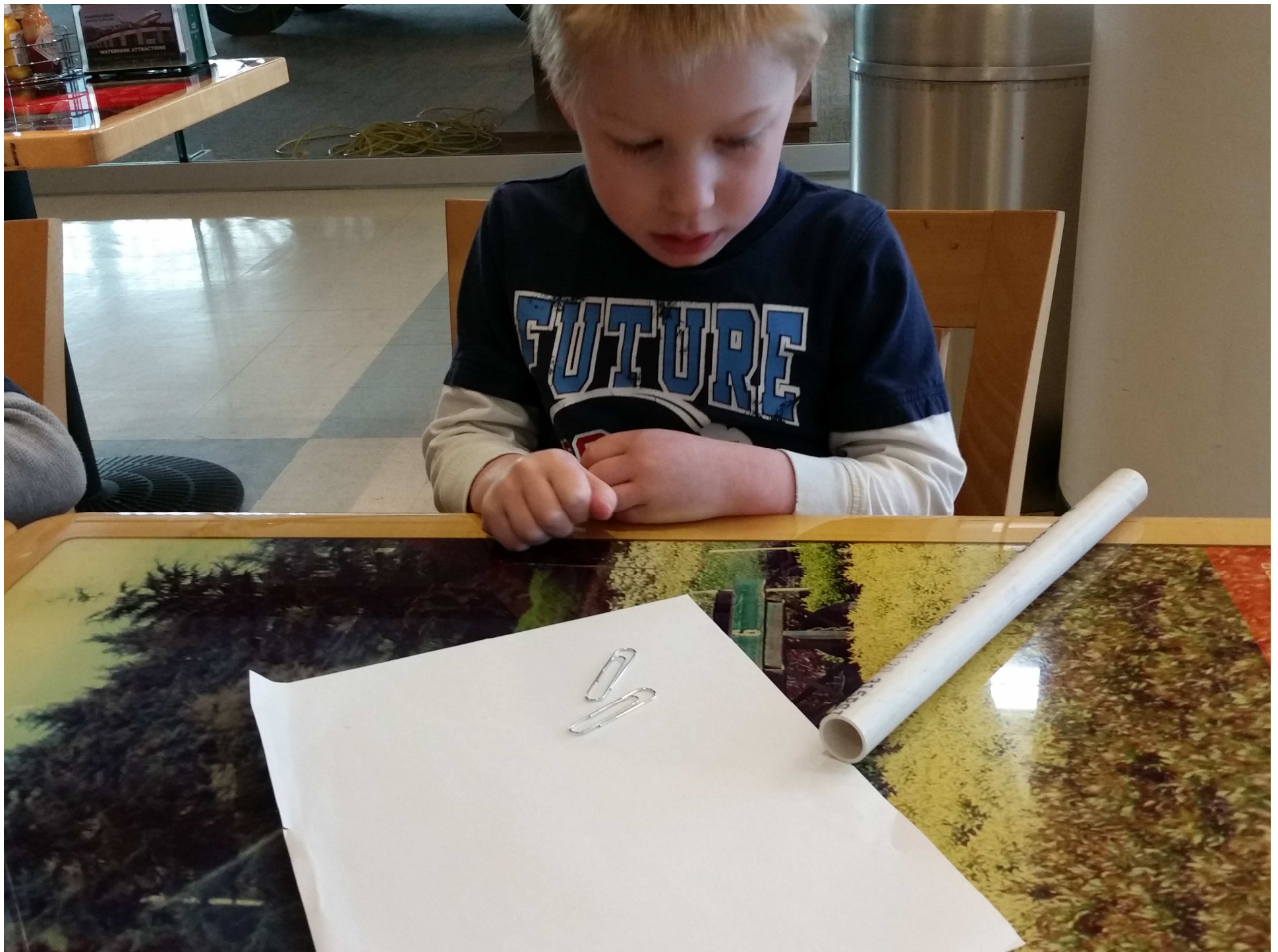
















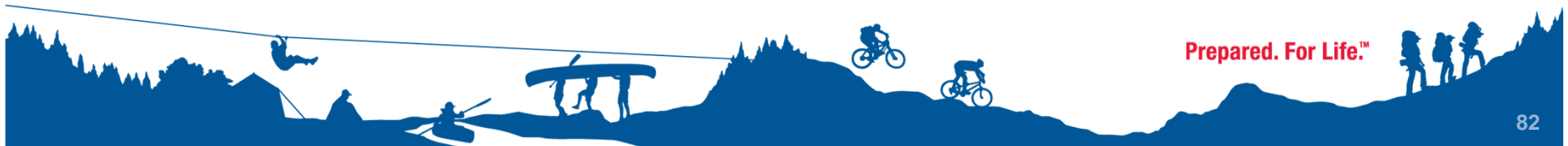
Pack Activities – Overnights



A Million Gallons Of Fun

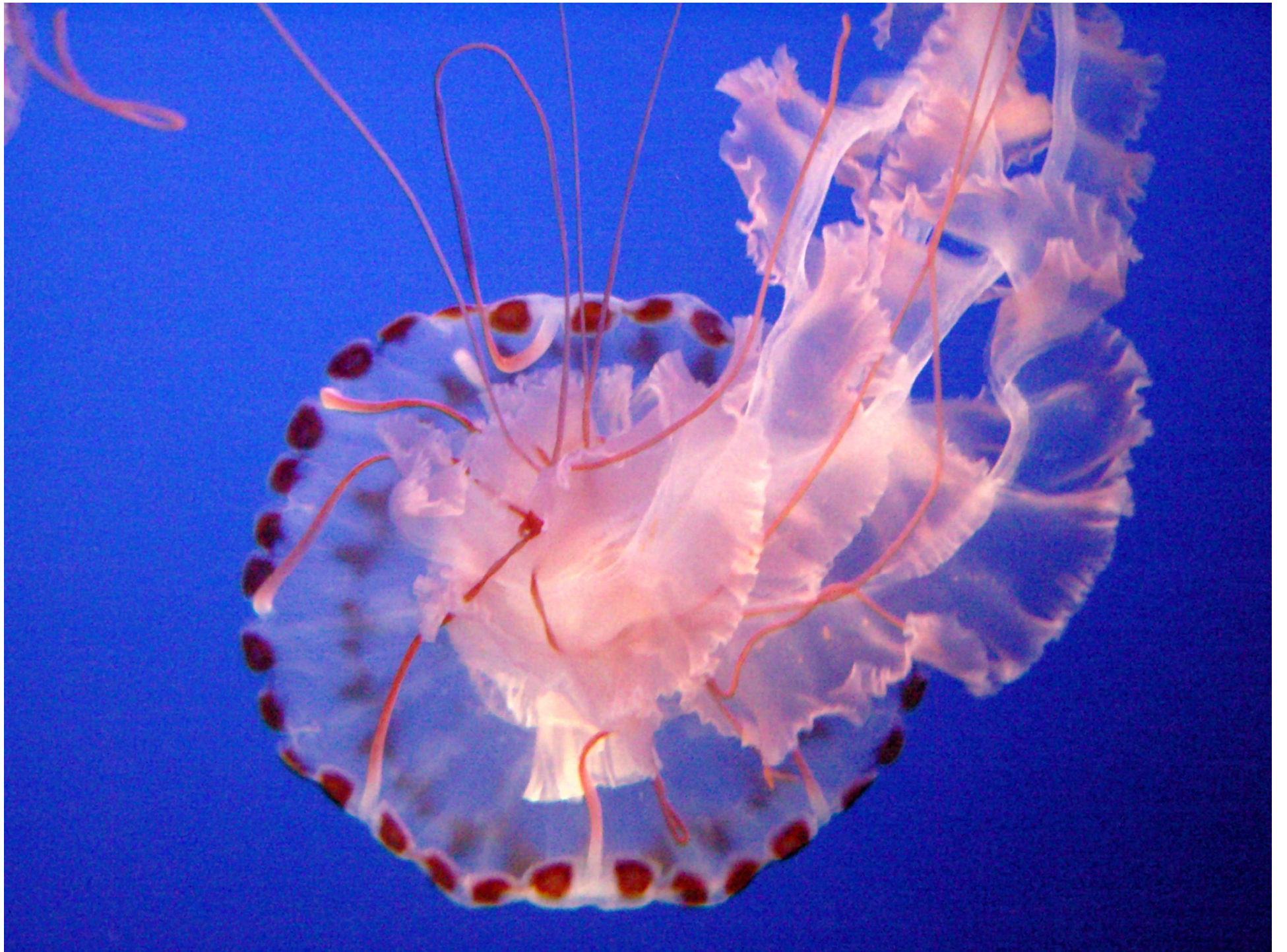
Overnight Adventures: (“Sharks After Dark”)

<https://www.newportaquarium.com/Groups/Group-Activities/Overnight-Adventures>



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Pack Activities – Overnights



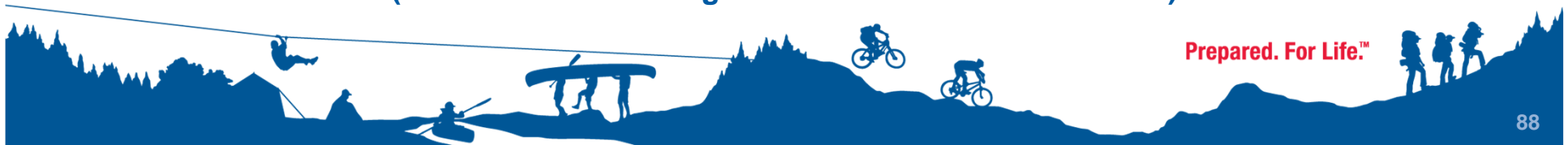
Museum Camp-In:

<https://programs.omsf.edu/program/submarine-camp>

Submarine Camp-in:

<https://programs.omsf.edu/program/submarine-camp>

(OMSI site indicates “grades 3 – 12” for both activities)















Pack Activities – Overnights



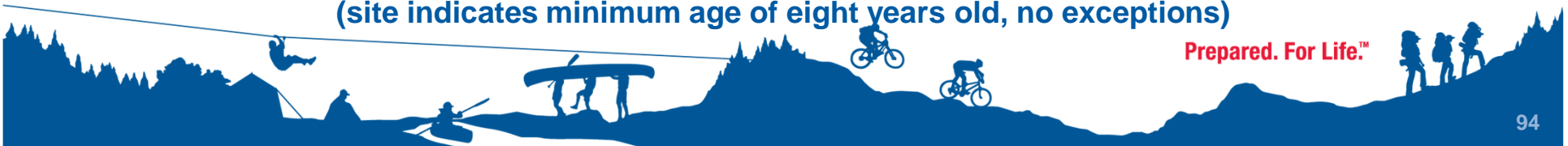
(Bremerton, WA)

Overnight Crew:

<http://www.ussturnerjoy.org/content/uploads/2014/07/USSTJ-Overnight-Program.pdf>

(site indicates minimum age of eight years old, no exceptions)

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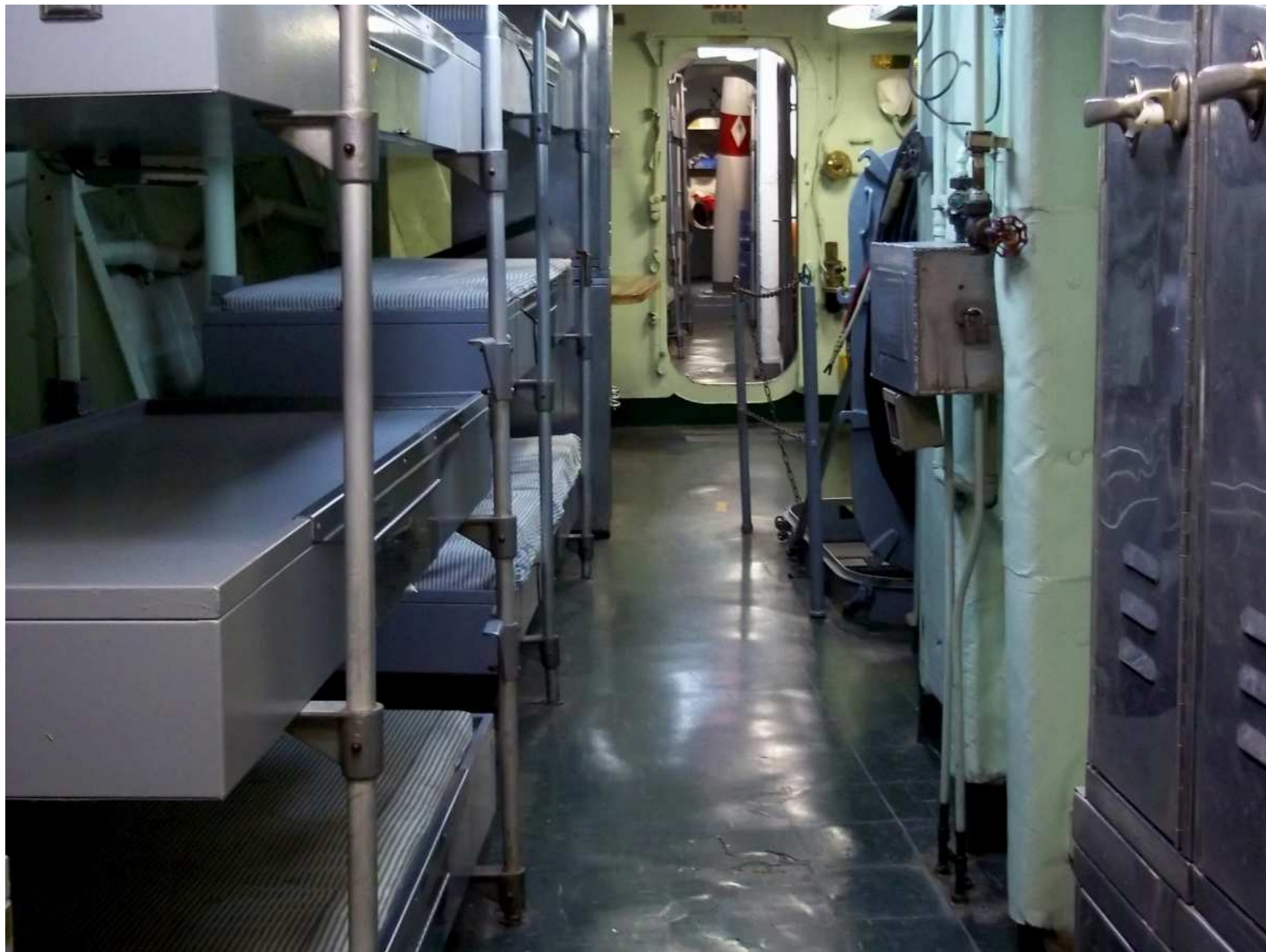














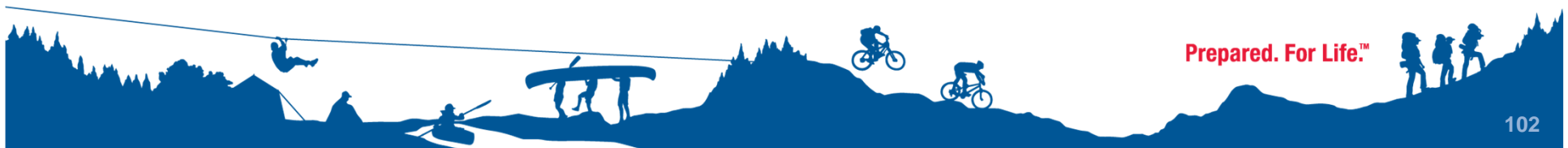




Pack Activities

**Three different types of Pack activities
(beyond the monthly Pack Meeting):**

- 1. Day-trip activities or events**
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- 3. Camp / Camping: Summer, Pack, Den**



**DUDE, THAT CAMPING
TRIP WAS**

IN TENTS





Pack Activities – Camp / Camping

We will had a big discussion about Summer Camps for Cub Scouts back in February. CliffsNotes: [GO TO CAMP](#)

Beyond Summer Camps:

- **Pack Family Camping** (get BALOO trained!)
 - Camping activity is now required for Wolf and Bear ranks! (*trad. units*)
- **Webelos Dens:**
 - Camporee
 - Webelos Woods
 - Den Camping (get BALOO trained!)
(*this is part of the on-ramp to Boy Scouts*)



















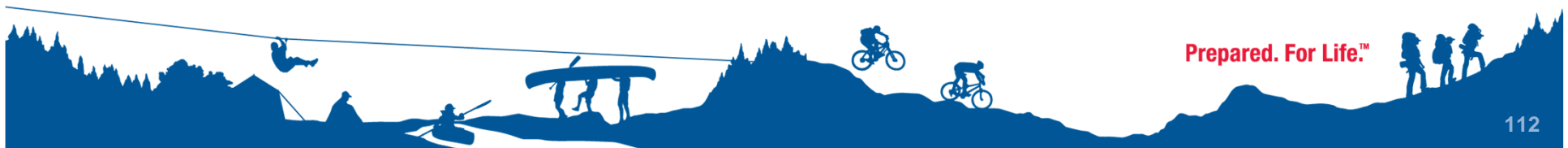
Pack Activities – Caution!

Activities to be very careful about:

- Anything involving **water** (swimming, boating)
- Anything involving **fire**
- Any shooting sports (archery, BB guns, slingshots, etc.)
- Climbing Activities
- Anything involving **petroleum-powered vehicles**
- Anything involving **horses**

Know the BSA policies and follow them!

(the *Guide to Safe Scouting* is your friend)





Pack Activities – Caution!

This does NOT mean that you can't do some of these things:

Swimming: public pool is simplest; clear water*

Boating: (mostly) limited to council events

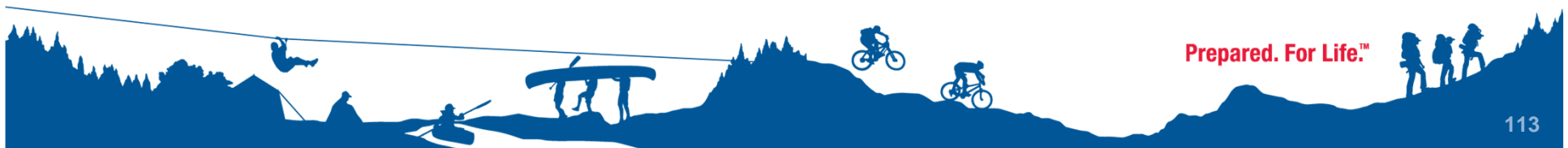
Snorkeling: clear, confined water required for cub scouts

Campfire: s'mores, songs and skits

Climbing: See documents for details

Shooting Sports: Council event or a professional facility

* One trained adult is required: commitment card, and agreement to enforce Safe Swim Defense plan

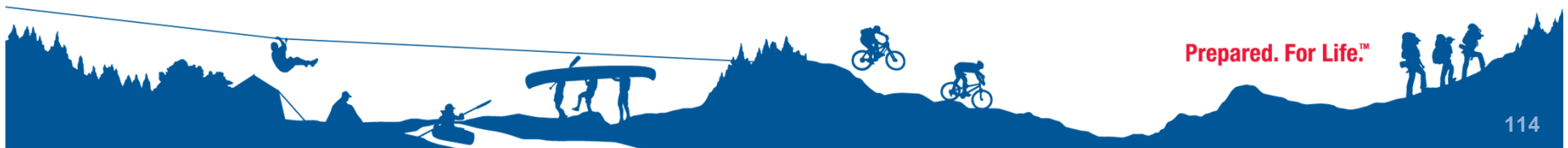




Pack Activities – Caution!

For All Den and Pack Activities:

- Two-Deep Leadership is always required.
- Sufficient number of responsible adults is always required.
- Youth Protection Trained Leadership is always required.
- Medical forms (parts A&B) may be required. (never a bad idea)
- A Tour & Activity Plan may be required. (never a bad idea)
- A First Aid kid is always a good thing to have at hand.
- A copy of the Guide to Safe Scouting is a good idea.
- An adult leader who is CPR certified is a good idea.





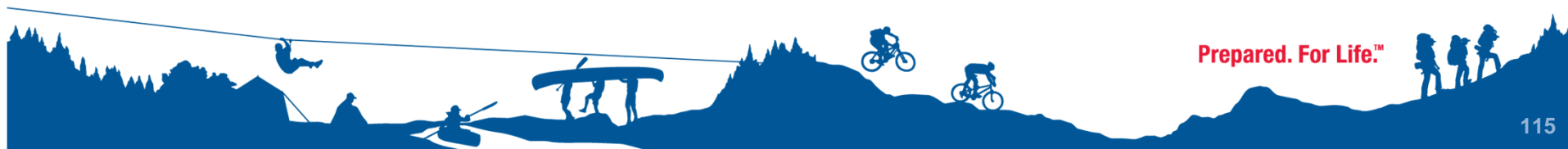
Pack Activities: A Call to Action!

**Get your Cub Scouts out of the meeting place
– even better, get them OUTSIDE!**

**Get your scouts actively engaged in
activities that they wouldn't normally be doing.**

**Try different activities:
don't get stuck in a rut!**

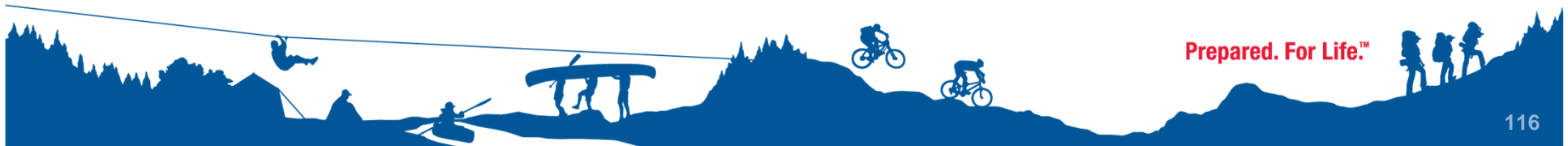
**Do your best to make sure everybody is
HAVING FUN!**





What did we cover today?

- **BSA Emergency Preparedness Award**
- **The Seal of Approval Cheer**
- **Pack Activities (outside of Pack Meetings)**





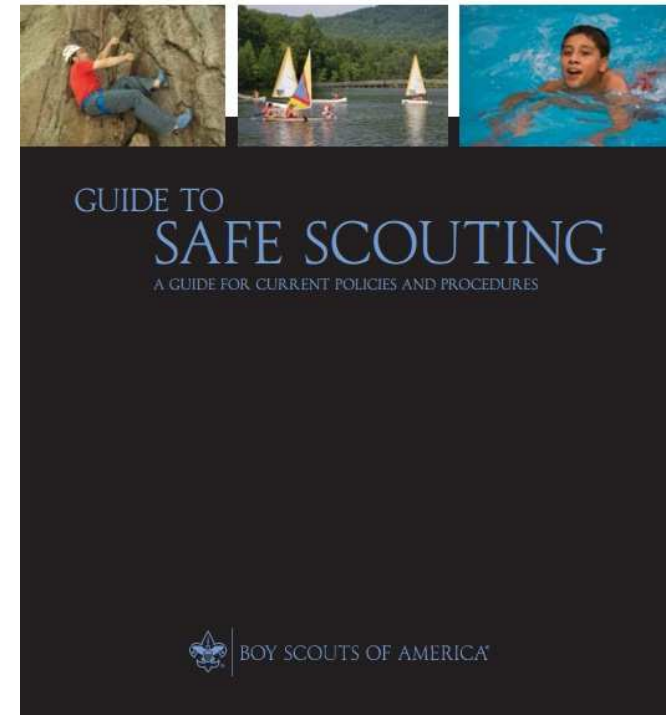
Resources

Guide to Safe Scouting (2014 version)

PDF Online: <http://www.scouting.org/filestore/pdf/34416.pdf>

Scout Store: <http://ow.ly/EDdIP> (\$5.99)

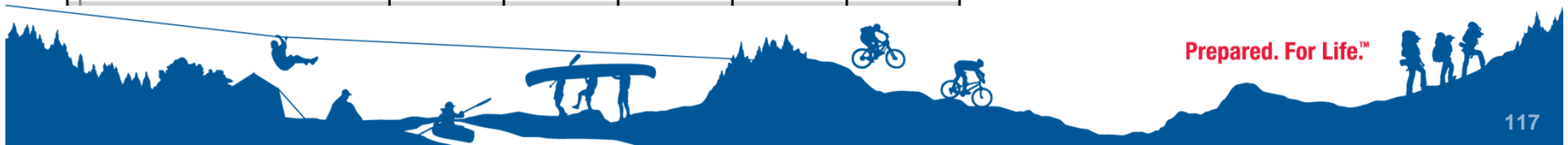
APP: Android, iPhone, etc.



Age Appropriate Guidelines for Scouting Activities:

http://www.scouting.org/filestore/pdf/34416_insert_web.pdf

AGE-APPROPRIATE GUIDELINES FOR SCOUTING ACTIVITIES					
	TIGER CUBS (WITH ADULT PARTNER)	WOLF/BEAR CUB SCOUTS	WEBELOS SCOUTS	BOY SCOUTS	OLDER BOY SCOUTS, VARSITY SCOUTS, AND VENTURERS
OUTDOOR SKILLS					
Camporees			Visit Only		
Conservation Projects					
Cooking Outdoors					
Fire Building					
Fishing					
Fueled Devices (Stoves and lanterns)					
Hiking—Day					
Hiking—Multiple Day					
Horseback Riding					
Hunting					Venturers Only
Map and Compass	Map Only				





Resources

Outings and Field Trips – BSA National Council:

<http://www.scouting.org/Home/CubScouts/Parents/Activities/excursions.aspx>

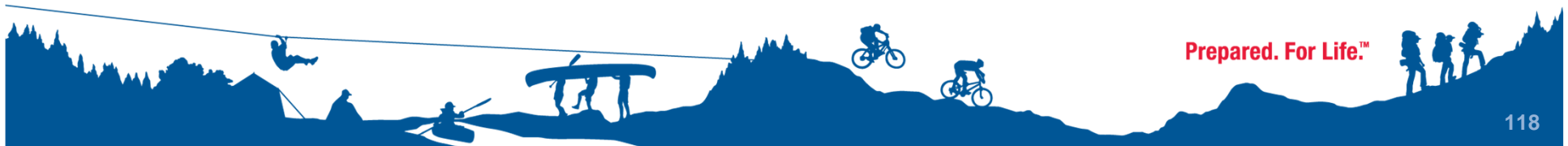
Cascade Pacific Council Segment Guide:

<http://www.cpcbasa.org/leader-resources/advancement/66-advancement/youth-recognition/144-council-activity-segments>

Tour and Activity Plan:

<http://www.scouting.org/filestore/pdf/680-014.pdf> (print copy)

<https://tourplan.scouting.org> or <http://myscouting.scouting.org> (online version)



My Profile[Update My Profile](#)**Training**[E-Learning](#)[Training Validation](#)[Unit Training Detail](#)[Unit Training Tracking](#)**Unit Tools**[Bass Pro Shops Online Toolkit](#)[National Safety Council Defensive Driving Course](#)[Internet Advancement](#)[Internet Rechartering](#)[BeAScout](#)[BeAScout Membership Application Status](#)[Service Hours Reporting](#)[Tour and Activity Plan](#)**District Tools**[Unit Visit Tracking](#)**Council Tools**[Best Practices Portal](#)[Journey To Excellence](#)[Journey To Excellence Resources](#)[Voice of the Scout](#)**Events**[Event Registration](#)**Click Here -****Take Youth Protection Training**

Internet Rechartering is available for online unit renewal. Please contact Member Care at myscouting@scouting.org with any questions or concerns. Thank you.

My.Scouting Tools News**Training Manager Enhancements:**

A trend chart feature is available on both the Trained Leaders and YPT dashboards that shows a six-month trend of those trained and not trained in the last six months (Current), the previous year's trend in the same six-month timeframe (Previous), and both Current and Previous year's trend (Combined).

The Trained Leaders and YPT Aging reports are now available for download at the sub-district level.

Commissioner Tools April Webinar Training

The Commissioners Task Force is offering the following training for all commissioners and professionals:

Thursday, April 23, at 7 p.m. Central time—click [here](#) to register.

If you're unable to attend the webinar, helpful how-to videos are available [here](#).

7/28/2014 New Features, Updates Added to [my.Scouting Tools](#)

New! Organization Security Manager Tool

Key 3s at each organization level, including council, area, region and national, now have the ability to grant three people Key 3 access (a.k.a. Plus 3). Key 3s have the ability to assign certain functional positions access to the Training Manager tool. Additional roles will be added as needed and as new tools become

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Tour and Activity Plan

Important Information:

- › Getting Started Checklist
- › Guide to Tour and Activity Planning Principles
- › Guide to Safe Scouting
- › Sweet 16 of BSA Safety
- › FAQs
- › Tour and Activity Plan User Instructions

Filter/Search Tour Plans by:

From:

To:

Tour ID:

Unit #:

Activities:

- ☐ Swimming
 ☐ Boating
- ☐ Climbing
 ☐ Wilderness
- ☐ Flights
 ☐ Shooting
- ☐ Other

Attending Adult (Last)

Create a Plan:

Incomplete Tour and Activity Plans (0) (will be retained for 20 days only)

Results/page:

Scheduled Tour and Activity Plans (1)

Results/page:

Created Date	Tour Date	Tour ID	Tour and Activity Plan Title	Unit #	Unit Charter	Edit	Print
6/2/2015	6/12/2015	543640	Family Camping at Camp Clark	0685 Pack	Fir Grove PTO		

Completed Tour and Activity Plans (4)

Results/page:

Created Date	Tour Date	Tour ID	Tour and Activity Plan Title	Unit #	Unit Charter	View	Print	New
3/30/2015	4/11/2015	515754	Evergreen Aviation Museum Overnighter	0685 Pack	Fir Grove PTO			
6/25/2014	8/3/2014	423235	Cub Camp at Adventure Cove	0685 Pack	Fir Grove PTO			
6/24/2014	7/17/2014	422713	Cub World at Scouters' Mountain (July)	0685 Pack	Fir Grove PTO			
10/14/2013	10/18/2013	197603	Attending Webelos Woods	0685 Pack	Fir Grove PTO			

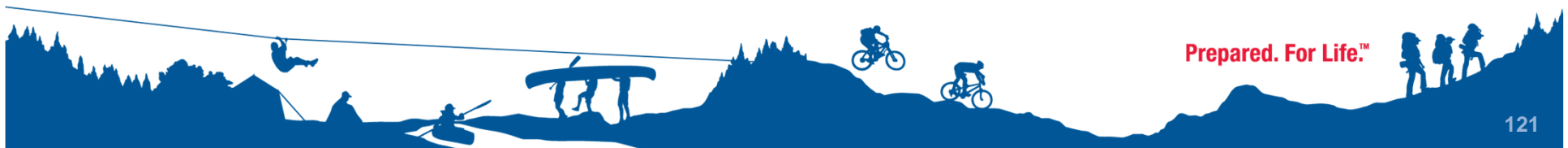
Archived Tour and Activity Plans (0)

Results/page:



Final Thoughts: Training

- **District Training Dates:**
 - Saturday, September 12th @9:00am
Beaverton Stake Center on 99th Ave: <https://goo.gl/maps/e9lCU>
Offerings include: all Cub Scout Leader Position-Specific (omnibus), BALOO, and other (TBD)
 - Contact Mary Wolfe (mary.wolfe8@frontier.com) for details
<http://www.cpcbsa.org/sunset-trail-calendar>
- **Council Training Dates:**
 - University of Scouting: Saturday, November 7th
- **Next Month at Roundtable: (Thursday, July 9th)**
 - Webelos Leader Training @ 6:30pm
 - Service Projects and the Journey to Excellence





Final Thoughts: Scouter Awards

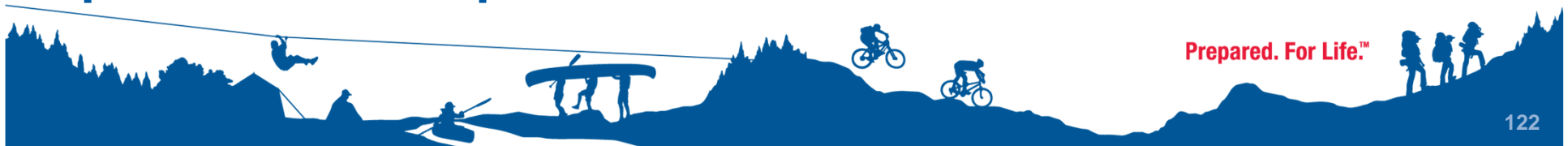
Turn in your Leader Award forms!

(these may be submitted to your Unit Commissioner, District Commissioner, or District Executive)

Don't forget to keep track of:

- Training
- Service
- Awards

Don't forget to express your gratitude to your volunteer leaders, and also to parents who help out.



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Final Thoughts: Social Media, etc.

Cub Scout Roundtable is now on Facebook:

<https://www.facebook.com/SunsetTrailCubRT>



Sunset Trail District is on Twitter:

<https://twitter.com/SunsetTrailBSA>

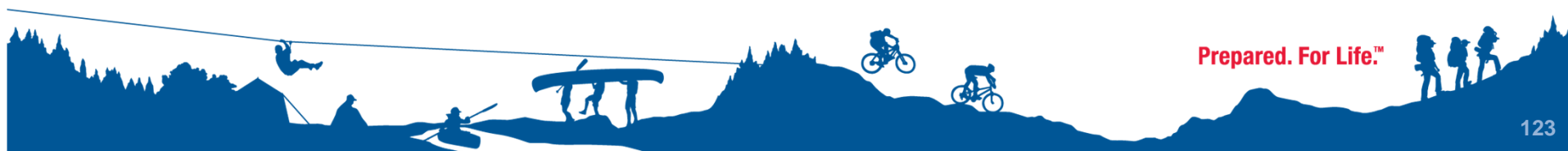


Our District Web Site:

<http://www.cpcbbsa.org/districts/sunsettrail>



A YouTube Channel coming soon!





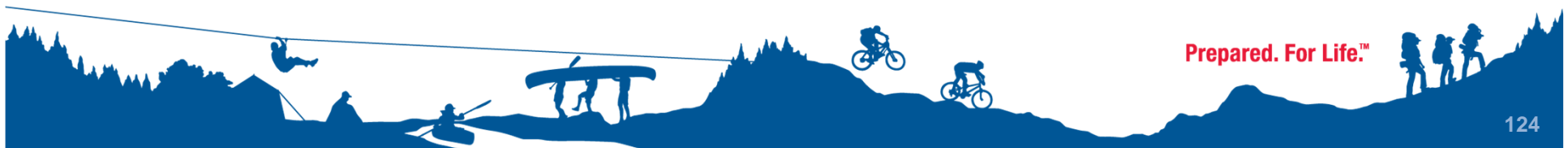
Final Thoughts: Start-Stop-Continue

START – What should our group start doing?

What do you want to hear about & learn about?

STOP – What things or actions are detracting from
what is really important and we should stop?

CONTINUE – What is working well and we should
continue doing?

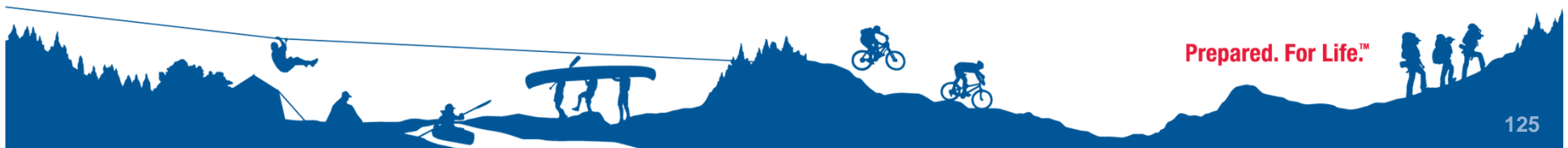




Final Thoughts:

Have a great evening and thanks for coming!

I will email out a pointer to a copy (in PDF format) of this presentation and all handouts to all attendees who signed in (attendance sheets) with valid email addresses.



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